

Eden District Council Food Premises Register

PRR V8.6.x.

Sorted: 28/09/2018

Printed: 28/ 9/18

Occupier/Trader Name	Premises Address	Ward Code	Registered Food Prem Type
1863 Bar Bistro Rooms	Elm House High Street Pooley Bridge Penrith CA10 2NH	Barton	Hotel / pub / guest house
48 Boroughgate B&B	Wemyss House 48 Boroughgate Appleby-In-Westmorland CA16 6XG	Appleby	Hotel / pub / guest house
The Abbey Coffee Shop	Main Street Shap Penrith CA10 3NQ	Shap	Restaurant / cafe / snack bar Catering
Abbey House	7 Victoria Road Penrith CA11 8HR	Penrith	Hotel / pub / guest house Private house used for a food business
Abbott Lodge Jersey Ice Cream	Abbott Lodge Clifton Penrith CA10 2HD	Clifton	Food manufacturing / processing Retailer (including farm shop) Farm Shop (Scotland Only) Restaurant / cafe / snack bar
Acorn Bank	Temple Sowerby Penrith CA10 1SP	Temple Sowerby	Retailer (including farm shop)

Acorn Bank Watermill	Acorn Bank Temple Sowerby Penrith CA10 1SP	Temple Sowerby	Food manufacturing / processing Packer
Acorn Guest House	Scotland Road Penrith CA11 9HL	Penrith	Hotel / pub / guest house
Activity Den	Center Parcs Whinfell Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Holiday Park
Age UK	United Reform Church Lowther Street Penrith CA11 7UW	Penrith	Provide meals & Day Centre
Age UK	Riverside Building Appleby In Westmorland CA16 6QR	Appleby	Day centre- heat frozen meals
Age UK	Rampkin House Scattergate Close Appleby-In-Westmorland CA16 6SL	Appleby	Voluntary organisation
Agricultural Hotel	Castlegate Penrith CA11 7JE	Penrith	Hotel / pub / guest house
Aira Force Tearoom	Watermillock Penrith CA11 0JS	Matterdale	Retailer (including farm shop) Restaurant / cafe / snack bar Takeaway
Albany House	5 Portland Place	Penrith	Hotel / pub / guest house

	Penrith CA11 7QN		
Aldi Stores Ltd	Cavendish Way Penrith CA11 7GS	Penrith	Distribution / warehousing Retailer (including farm shop)
Allsorts	14a Boroughgate Appleby-In-Westmorland CA16 6XB		Retailer (including farm shop)
The Alpaca Centre	Snuff Mill Lane Stainton Penrith CA11 0ES	Dacre	Restaurant / cafe / snack bar Tea Room
Alston House	Townfoot Alston CA9 3RN	Alston	Hotel / pub / guest house
Alston Ices	22 The Firs Alston CA9 3RW	Alston	Catering Moveable establishment e.g. ice cream van
Alston Masonic Club	Kings Arms Lane Alston CA9 3JF	Alston	Restaurant / cafe / snack bar To supply meals to members
Alston Moor Golf Club	The Hermitage Alston CA9 3DB	Alston	Restaurant / cafe / snack bar Clubhouse
Alston Pharmacy	Alston Pharmacy Front Street Alston CA9 3QP	Alston	Retailer (including farm shop) Staff restaurant / canteen / kitchen
Alston Post Office	Front Street Alston	Alston	Retailer (including farm shop)

	CA9 3HP		
Alston Town Hall	Front Street Alston CA9 3RF	Alston	Alston Moor Social Club & Inst
Alston Wholefoods	Front Street Alston CA9 3QH	Alston	Retailer (including farm shop)
Alston YHA	Alston Youth Hostel The Firs Alston CA9 3RW	Alston	Hotel / pub / guest house
Andersons Newsagents	Manchester House Main Street Shap Penrith CA10 3NL	Shap	Retailer (including farm shop)
The Angel Inn	Front Street Alston CA9 3HU	Alston	Hotel / pub / guest house
Angel Lane Chippie	17 Angel Lane Penrith CA11 7BP	Penrith	Restaurant / cafe / snack bar Catering Takeaway
Annie's Kitchen Ltd	Cowper Road Gilwilly Industrial Penrith CA11 9BN	Penrith	Restaurant / cafe / snack bar Catering Takeaway
Ann's Catering	Gillside Farm Glenridding Penrith CA11 0QQ	Patterdale	Moveable establishment e.g. ice cream van

Another Place, The Lake	Rampsbeck Grange Watermillock Penrith CA11 0LP	Matterdale	Restaurant / cafe / snack bar Hotel / pub / guest house
Appleby Bakery	37 Market Street Kirkby Stephen CA17 4QN	Kirkby Stephen	Retailer (including farm shop)
Appleby Bowling Club	The Sands Appleby-In-Westmorland CA16 6XN	Appleby	Private Bowling Club
Appleby Breadshop	24 Boroughgate Appleby-In-Westmorland CA16 6XB	Appleby	Retailer (including farm shop) Restaurant / cafe / snack bar Takeaway
Appleby Castle Ltd	Appleby Castle Boroughgate Appleby-In-Westmorland CA16 6XH	Appleby	Restaurant / cafe / snack bar Hotel / pub / guest house functions
Appleby Castle Moors	Stowgill Farm Kaber Kirkby Stephen CA17 4HZ	Kirkby Stephen	Game Larder
Appleby Golf Club	Brackenber Appleby-In-Westmorland CA16 6LP	Hilton & Murton	Restaurant / cafe / snack bar Catering
Appleby Grammar School	Battlebarrow Appleby-In-Westmorland CA16 6XU	Appleby	Hospital / residential home / school
Appleby Grange Nursing Home	Bongate Appleby-In-Westmorland CA16 6HN	Appleby	Hospital / residential home / school

Appleby Hub Cafe	Appleby Hub Chapel Street Appleby-In-Westmorland CA16 6QR	Appleby	Catering Takeaway
Appleby Leisure Centre	Chapel Street Appleby-in-Westmorland CA16 6QR	Appleby	vending machines
Appleby Manor Hotel	Roman Road Appleby-In-Westmorland CA16 6JB	Appleby	Staff restaurant / canteen / kitchen Hotel / pub / guest house
Appleby Masonic Club	Bank House Boroughgate Appleby-In-Westmorland CA16 6XF	Appleby	Members club
Appleby Primary School	Station Road Appleby In Westmorland CA16 6TX	Appleby	Hospital / residential home / school
Appleby Wraparound Care	Appleby Primary School Station Road Appleby-In-Westmorland CA16 6TX	Appleby	Breakfast/after school club
Applegarth Foods	Applegarth Great Strickland Penrith CA10 3DF	Great Strickland	Food manufacturing / processing Private house used for a food business
Appletree Cottage Kitchen	Appletree Cottage Newby Penrith CA10 3EX	Newby	Private house used for a food business
Aramark Ltd	Outward Bound Watermillock	Matterdale	Outdoor Activity Centre

	Penrith CA11 0JL		
Aramark Ltd	Howtown Outdoor Cent Howtown Penrith CA10 2ND	Martindale	Catering
Archbishop Sentamu Academy	Mouthlock Centre Barras Kirkby Stephen CA17 4ES	Stainmore	Hospital / residential home / school
Archway Fish and Chips	36 Market Street Kirkby Stephen CA17 4QW	Kirkby Stephen	Restaurant / cafe / snack bar Takeaway
Argos Ltd	Brewery Lane Penrith CA11 7FR	Penrith	Retailer (including farm shop)
Armathwaite Nursery Group	The Playhouse Station Road Armathwaite Carlisle CA4 9PW	Hesket	Catering Pre-school Nursery
Armathwaite School	Station Road Armathwaite Carlisle CA4 9PW	Hesket	Hospital / residential home / school
Asby Endowed Primary School	Great Asby Appleby-In-Westmorland CA16 6EX	Asby	Hospital / residential home / school
Ashbank	71 Clifford Road Penrith CA11 8PU	Penrith	Hotel / pub / guest house

Ashberry Guest House	Victoria Road Penrith CA11 8BD	Penrith	Hotel / pub / guest house
Ashiana	9 Bridge Street Appleby-In-Westmorland CA16 6QH	Appleby	Restaurant / cafe / snack bar Takeaway
Askham & District Community Ce	Askham Penrith CA10 2PG	Askham	Catering village hall kitchen
Askham Hall Hotel	Askham Hall Askham Penrith CA10 2PF	Askham	Restaurant / cafe / snack bar Hotel / pub / guest house
Askham Stores	Askham Penrith CA10 2PG	Askham	Retailer (including farm shop) Restaurant / cafe / snack bar
Askham Swimming Pool	Askham Penrith CA10 2PG	Askham	Swimming Pool Kiosk
Atkinson Bulk Haulage	14 Willow Close Penrith CA11 8TH	Penrith	Distribution / warehousing
Miss Susan Atkinson	10 Croft Avenue Shap Penrith CA10 3NR	Shap	caterer
Augill Castle	Brough Kirkby Stephen CA17 4DE	Stainmore	Hotel / pub / guest house Private house used for a food business

Australian Parliament	The Sands Appleby-In-Westmorland CA16 6XL	Appleby	Food manufacturing / processing Packer Retailer (including farm shop) Restaurant / cafe / snack bar Catering
Avesgarth	13 Hillersden Terrac Nenthead Alston CA9 3PG	Alston	Bed & Breakfast
AWJ Penrith Truckstop	Mardale Road Penrith CA11 9EH	Penrith	Restaurant / cafe / snack bar Hotel / pub / guest house
J Bakes	Rydal House Ousby Penrith CA10 1QB	Ousby	Private house used for a food business
Bampton Memorial Hall	Bampton Penrith CA10 2QZ	Bampton	Village Hall
Bampton Shop and Tearoom	Norbrock House Bampton Penrith CA10 2RQ	Bampton	Retailer (including farm shop) Restaurant / cafe / snack bar Takeaway
B&M Bargains	9-10 Middlegate Penrith CA11 7PQ	Penrith	Retailer (including farm shop)
B & M Retail Ltd	Bridge Lane Penrith CA11 8JB	Penrith	Retailer (including farm shop)
Bank End House	Bank End House Appleby-In-Westmorland	Appleby	Hotel / pub / guest house

	CA16 6LH		
Bank Head	Bank Head Crosby Ravensworth Penrith CA10 3JB	Crosby Ravensworth	Market Stall (Scotland Only) Private house used for a food business
Bank House	Graham Street Penrith CA11 9LE	Penrith	Hotel / pub / guest house
Bank House Equestrian	Bank House Farm Little Salkeld Penrith CA10 1NN	Hunsonby	Hotel / pub / guest house
Bargain Booze	26-27 King Street Penrith CA11 7AG	Penrith	Retailer (including farm shop)
Barn End Bar	Hartsop Penrith CA11 0NZ	Patterdale	Restaurant / cafe / snack bar
The Barn	Pooley Bridge Penrith CA10 2NN	Barton	Retailer (including farm shop)
Barrock Court Nursing Home	Barrock Park Southwaite Carlisle CA4 0JS	Hesket	Hospital / residential home / school
Barrowgarth Guest House	Barrowgarth Battlebarrow Appleby-In-Westmorland Appleby-In-Westmorland CA16 6XT	Appleby	Hotel / pub / guest house

Bars "2" U	4 Silver Street Crosby Ravensworth Penrith CA10 3JA	Crosby Ravensworth	Moveable establishment e.g. ice cream van
Barton Hall Country Guest Hous	Barton Hall Pooley Bridge Penrith CA10 2NG	Barton	Hotel / pub / guest house
The Bay Horse Inn	Winton Kirkby Stephen CA17 4HS	Winton	Hotel / pub / guest house
Beaconside Primary School	Hutton Hill Penrith CA11 8EN	Penrith	Hospital / residential home / school
The Beacon Social Club	36 Duke Street Penrith CA11 7LY	Penrith	Hotel / pub / guest house
Beagle's Bakes	1 Gasgarth Mews North Road Kirkby Stephen CA17 4RY	Kirkby Stephen	Private house used for a food business
Beagles Bakes and Baguettes	44 Market Street Kirkby Stephen CA17 4QW	Kirkby Stephen	Takeaway
Beckside Books	31 St Andrews View St Andrews Churchyar Penrith Cumbria CA11 7YF	Penrith	teas & coffees only
Beech House	Glenridding Penrith	Patterdale	Hotel / pub / guest house

CA11 0PA

Beech House	Beech House Berrier Road Greystoke Penrith CA11 0UE	Greystoke	Hotel / pub / guest house
Beehive Inn	Eamont Bridge Penrith CA10 2BX	Yanwath & Eamont Bri	Hotel / pub / guest house
The Belah Bridge	Brough Sowerby Kirkby Stephen CA17 4EG	Brough Sowerby	Hotel / pub / guest house
Bella Italia	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Restaurant / cafe / snack bar Takeaway
Bells Of Lazonby Ltd	Edenholme Bakery Seat Hill Lazonby Penrith CA10 1BG	Lazonby	Food manufacturing / processing Retailer (including farm shop) Registration Numbers Overleaf
Bessy Beck Trout Farm	Newbiggin-On-Lune Kirkby Stephen CA17 4LY	Ravenstonedale	Farm Shop (Scotland Only) Fish Farm
Bettyanns Tea Parlour	Unit 9 Brougham Hall Brougham Penrith CA10 2DE	Brougham	Restaurant / cafe / snack bar
Bidfood	Unit 43 Gilwilly Road Gilwilly Industrial	Penrith	Wholesale / cash and carry Distribution / warehousing

	Penrith CA11 9BL		
Biggins Nursery Ravenstonedale	Ravenstonedale Schoo Ravenstonedale Kirkby Stephen CA17 4NQ	Brough	Day Nursery
The Black Bull Hotel	38 Market Street Kirkby Stephen CA17 4QW	Kirkby Stephen	Hotel / pub / guest house
Black Hand Wine Limited	Brunswick Yard Brunswick Road Penrith CA11 7JU	Penrith	Retailer (including farm shop)
The Black Swan Hotel	Ravenstonedale Kirkby Stephen CA17 4NG	Ravenstonedale	Hotel / pub / guest house
The Black Swan Inn	Culgaith Penrith CA10 1QW	Culgaith	Hotel / pub / guest house
Blencathra Centre	Threlkeld Keswick CA12 4SG	Threlkeld	Field Study Centre -Residential
Blencowe & Laithes Village Hal	Blencow Penrith CA11 0DA	Dacre	Village Hall
The Blue Bell Inn	Newbiggin Heads Nook Brampton CA8 9DH	Ainstable	Hotel / pub / guest house
Blueberrys	Market Place	Alston	Restaurant / cafe / snack bar

	Alston CA9 3QN		Hotel / pub / guest house
Bluefield Foods Ltd	Knock Appleby-In-Westmorland CA16 6DL	Long Marton	Distribution / warehousing
The Blue Swallow Guest House	11 Victoria Road Penrith CA11 8HR	Penrith	Hotel / pub / guest house
The Board & Elbow Ltd	Cornmarket Penrith CA11 7HS	Penrith	Hotel / pub / guest house
Bojangles	10 Bridge Street Appleby-In-Westmorland CA16 6QH	Appleby	Restaurant / cafe / snack bar
Bollam Cottage	Nateby Road Kirkby Stephen CA17 4JN	Kirkby Stephen	Hotel / pub / guest house
Bolton Exchange	Bolton Memorial Hall Bolton Appleby-in-Westmorland CA16 6AX	Bolton	Voluntary group doing lunches
Bolton Nursery Ltd	Bolton CPS Bolton Appleby-In-Westmorland CA16 6AW	Bolton	Snacks for Nursery
Bolton Primary School	Bolton Appleby-In-Westmorland CA16 6AW	Bolton	Hospital / residential home / school
Bongate House	Bongate Appleby-In-Westmorland	Appleby	Hotel / pub / guest house

	CA16 6UE		
Boot and Shoe Inn	Greystoke Penrith CA11 0TP	Greystoke	Hotel / pub / guest house
Booths	Brunswick Road Penrith CA11 7JX	Penrith	Retailer (including farm shop) Restaurant / cafe / snack bar
Boots UK Ltd	11 Boroughgate Appleby-In-Westmorland CA16 6XF	Appleby	Retailer (including farm shop)
Boots UK Ltd	Unit 3 Angel Square Penrith CA11 7BT	Penrith	Retailer (including farm shop)
Brackenburgh Estate	Estate Office Brackenburgh Calthwaite Penrith CA11 9PW	Hesket	Wild Game Larder
Brackenrigg Inn	Watermillock Penrith CA11 0LP	Matterdale	Restaurant / cafe / snack bar Hotel / pub / guest house
Brack 'N' Brew	Brackenrigg Inn Watermillock Penrith CA11 0LP	Matterdale	Food manufacturing / processing
Brantgate	Mosedale Penrith CA11 0XQ	Mungrisdale	Hotel / pub / guest house Bed & Breakfast
Brantwood Hotel	Stainton	Dacre	Hotel / pub / guest house

	Penrith CA11 0EP		
Brathen	The Thorpe Greystoke Penrith CA11 0TJ	Greystoke	Hotel / pub / guest house
Bridge Lane Service Station	Bridge Lane Penrith CA11 8JB	Penrith	Retailer (including farm shop)
The Bridge	Wordsworth Street Penrith CA11 7QY	Penrith	Restaurant / cafe / snack bar
The Bridge	Kirkby Thore Penrith CA10 1UZ		Restaurant / cafe / snack bar
British Gypsum Canteen	Kirkby Thore Penrith CA10 1UP	Kirkby Thore	Staff restaurant / canteen / kitchen
British Legion Club	Musgrave House Middlegate Penrith CA11 7PG	Penrith	Private Club
Brookfield Bed & Breakfast	Main Street Shap Penrith CA10 3PZ	Shap	Catering Hotel / pub / guest house
Brooklands Guest House	Brooklands 2 Portland Place Penrith CA11 7QN	Penrith	Hotel / pub / guest house

The Brotherswater Hotel	Hartsop Penrith CA11 0NZ	Patterdale	Hotel / pub / guest house
Brougham Castle	Brougham Castle Brougham Penrith CA10 2AA	Brougham	Retailer (including farm shop)
Brough Castle Farm Ice Cream &	Brough Castle Farm Brough Kirkby Stephen CA17 4EJ	Brough	Food manufacturing / processing Restaurant / cafe / snack bar Takeaway
Brough Community Primary Schoo	Church Brough Kirkby Stephen CA17 4EW	Brough	Hospital / residential home / school
Brough Fish & Chip Shop	New Road Brough Kirkby Stephen CA17 4AS	Brough	Restaurant / cafe / snack bar Takeaway
Brough Memorial Hall	Brough Memorial Hall New Road Brough Kirkby Stephen CA17 4AS	Brough	Village Hall Kitchen
Brough Pre-School Nursery	Church Brough Kirkby Stephen CA17 4EW	Brough	Pre-school nursery
Brow Farm	Duften Appleby-In-Westmorland CA16 6DF	Duften	Hotel / pub / guest house
Brownber Hall Country House	Newbiggin-On-Lune Kirkby Stephen	Ravenstonedale	Hotel / pub / guest house

	CA17 4NX		
Brunswick Bakes	25 Brunswick Square Penrith CA11 7LR	Penrith	Private house used for a food business
Brunswick School	Brunswick Road Penrith CA11 7LX	Penrith	Hospital / residential home / school
Bulmans Bulk & Haulage Ltd	Bulmans Bulk & Haula Haweswater Road Penrith CA11 9EU	Penrith	Distribution / warehousing Haulage
Burbush's The Eden Game Bakery	Gilwilly Road Gilwilly Industrial Penrith CA11 9BL	Penrith	Food manufacturing / processing
Burger King	Redhills Lane Redhills Penrith CA11 0DT	Dacre	Restaurant / cafe / snack bar Takeaway
Burger King (North)	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Catering Takeaway
Burger King (South)	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Catering Takeaway
Butchers Arms	Crosby Ravensworth Penrith	Crosby Ravensworth	Restaurant / cafe / snack bar Hotel / pub / guest house

	CA10 3JP		
Buttercup	15 Market Street Kirkby Stephen CA17 4QS	Kirkby Stephen	Restaurant / cafe / snack bar
Cafe Inspire	Voreda House Portland Place Penrith CA11 7QE	Penrith	Staff restaurant / canteen / kitchen
Cafe @ Leisure	Penrith Leisure Cent Southend Road Penrith CA11 8JH	Penrith	Restaurant / cafe / snack bar
Cafe Oswald's	Ullswater Road Penrith CA11 7EH	Penrith	Restaurant / cafe / snack bar Catering
Cafe Rouge	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Restaurant / cafe / snack bar Takeaway
Cafe Sixty Six	Ketland Moor Coupland Beck Appleby-In-Westmorland CA16 6LN	Warcop	Restaurant / cafe / snack bar
Caffeine Rush	25 Meadow Croft Penrith CA11 8EH	Penrith	Moveable establishment e.g. ice cream van
Cakeland of the Lakes	1 St Cuthbert's Plac Edenhall Penrith CA11 8SP	Langwathby	Private house used for a food business

Cake's by Emma	Wreay Hall Farm Wreay Carlisle CA4 0SA	Hesket	Market/Market Stall Home Baking
Cakes By Richard	19 Greenacres Park Plumpton Penrith CA11 9PB	Hesket	Market/Market Stall Catering
Cakes "N" Makes	14 The Crescent Kirkby Stephen CA17 4AF	Kirkby Stephen	Private house used for a food business
Calthwaite C of E School	Calthwaite Penrith CA11 9QT	Hesket	Hospital / residential home / school
Calthwaite Junior Football Clu	Calthwaite	Hesket	Catering
Ms Caroline Cameron	Norwood Lodge, Millr Greystoke Gill Greystoke Penrith CA11 0UQ	Dacre	milk round
The Cane Workshop	1 Stokoe House Market Place Alston CA9 3HS	Alston	Retailer (including farm shop) Private house used for a food business
Canopy Bar	Center Parcs Whinfell Forest Temple Sowerby Penrith CA10 2DW	Brougham	Restaurant / cafe / snack bar Takeaway
Caravan Cafe	12 Hillersdon Terrac Nenthead	Alston	Moveable establishment e.g. ice cream van

	Alston CA9 3PG		
Card Factory	7 Angel Square Penrith CA11 7BT	Penrith	Retailer (including farm shop)
Carleton Hall Staff Canteen	1-2 Carleton Hall Carleton Avenue Penrith CA10 2AU	Penrith	Staff restaurant / canteen / kitchen
Mrs Pamela Dawne Carruthers	17 Rydal Crescent Penrith CA11 8PL	Penrith	caterer
Carvetii Coffee Ltd	Unit, 3c Threlkeld B Threlkeld Keswick CA12 4SU	Threlkeld	Food manufacturing / processing
Castle Farm Barn	Hardendale Shap Penrith CA10 3LQ	Shap	Hotel / pub / guest house Private house used for a food business
The Castlegate Arms	46 Castlegate Penrith CA11 7HY	Penrith	Hotel / pub / guest house
Catbells Creations	10 Fairybead Park Stainton Penrith CA11 0DY	Dacre	Food manufacturing / processing
Cath's Country Citchen	Sheriff Park Thrimby Penrith CA10 3EA	Thrimby	Catering Moveable establishment e.g. ice cream van

Cemex Logistics Ltd	Cemex Logistics UK L Shap The Weighbridge Shap Blue Quarry, Sh Penrith CA10 3QQ		Distribution / warehousing
Central Production Unit	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Holiday Park
Century	5 Waltons Yard Market Square Kirkby Stephen CA17 4QT	Kirkby Stephen	Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering
Chambers Garage Ltd	Tirril Penrith CA10 2JF	Sockbridge & Tirril	Distribution / warehousing
Chapel Farm Caravan Park	Little Asby Appleby-In-Westmorland CA16 6QE	Asby	Retailer (including farm shop)
Chapter 12	12 Little Dockray Penrith CA11 7HL	Penrith	Restaurant / cafe / snack bar Catering
Cherrytree	Nenthead Alston CA9 3PD	Alston	Private house used for a food business
Chestnut Garth	Chestnut Garth Orton Penrith CA10 3RG	Orton	Hotel / pub / guest house

Chestnut House	Chestnut House Finkle Street Pooley Bridge Penrith CA10 2NW	Barton	Retailer (including farm shop)
China Moon	2 Cherry Row Low Wiend Appleby-In-Westmorland CA16 6QP	Appleby	Catering Takeaway
CHOFH'S Tea Room & Take Away	New Road Brough Kirkby Stephen CA17 4AS	Brough	Restaurant / cafe / snack bar
Choice Catering	Bankdale Head Hesket Newmarket Wigton CA7 8HP	Castle Sowerby	Private house used for a food business
Chris Birkbeck Ltd	24 Quarry Close Kirkby Stephen CA17 4SS	Kirkby Stephen	Distribution / warehousing
Christian Head	Silver Street Kirkby Stephen CA17 4HA	Kirkby Stephen	Hospital / residential home / school
Church Gallery	3-7 Market Street Kirkby Stephen CA17 4QS	Kirkby Stephen	Restaurant / cafe / snack bar
City Electrical Factors Ltd	Unit 3 Haweswater Road Penrith CA11 9EU	Penrith	Catering
Cliburn Village Hall	Cliburn	Cliburn	Village Hall

	Penrith CA10 3AL		
Clickham Inn	Clickham Blencow Penrith CA11 0BP	Dacre	Catering Hotel / pub / guest house
Clifton Little Tinkers Parent	Clifton Village Hall Clifton Penrith CA10 2EA	Clifton	Parent & Toddler group
Clifton Primary School	Clifton Penrith CA10 2EG	Clifton	Hospital / residential home / school
The Cloisters Tea Room	Hutton Hall House Hutton-In-The-Forest Penrith CA11 9TH	Skelton	Retailer (including farm shop) Restaurant / cafe / snack bar Hotel / pub / guest house
Cloverdale	Beck Lane Smardale Kirkby Stephen CA17 4HG	Waitby & Smardale	Hospital / residential home / school
The Coach House	Eden Gate Warcop Appleby-in-Westmorland CA16 6PL	Warcop	Hotel / pub / guest house Private house used for a food business
Coast to Coast	19-21 North Road Kirkby Stephen CA17 4RH	Kirkby Stephen	Retailer (including farm shop)
Cochrane Haulage	Plot 9 Gilwilly Industrial Penrith	Penrith	Bulk Haulage

	CA11 9BL		
Cocklakes Farm Shop and Rod &	Cocklakes House Troutbeck Penrith CA11 0SG	Hutton	Farm Shop (Scotland Only) Restaurant / cafe / snack bar
Coco Cuisine	Well Green Great Asby Appleby-In-Westmorland CA16 6HD	Asby	Market/Market Stall Private house used for a food business
Cold Springs Park HC-One	Cold Springs Park Penrith CA11 8EY	Penrith	Hospital / residential home / school
Come 4 Lunch	Sands Methodist Chur The Sands Appleby-in-Westmorland CA16 6XR	Appleby	Refreshments at Church
Conservative Club	Crown Square Penrith CA11 7AB	Penrith	Hotel / pub / guest house
The Corner Shop	30 King Street Penrith CA11 7AY	Penrith	Retailer (including farm shop)
Costa Coffee	11-13 Angel Square Penrith CA11 7BT	Penrith	Restaurant / cafe / snack bar
Costa Coffee (North)	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Catering Takeaway

Costa Coffee (South)	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Catering Takeaway
Cosy Cup	29-30 Devonshire Arc Devonshire Street Penrith CA11 7SX	Penrith	Restaurant / cafe / snack bar
Cote Garth	Winton Kirkby Stephen CA17 4HU	Hartley	Hospital / residential home / school
Cottage Cafe	46 Burrowgate Penrith CA11 7TA	Penrith	Restaurant / cafe / snack bar
Cottage Wood Centre	Calthwaite Penrith CA11 9PL	Hesket	Restaurant / cafe / snack bar Catering
Country Coffee Shop	15-16 Princes Street Penrith CA11 7BQ	Penrith	
Country Cooks	Rayside House High Hesket Carlisle CA4 0HS	Hesket	Private house used for a food business
Country Fare	Dalefoot Mallerstang Kirkby Stephen CA17 4JT	Mallerstang	Farm Shop (Scotland Only) Catering
Country Flavour	15 High Street Kirkby Stephen	Kirkby Stephen	Food manufacturing / processing Retailer (including farm shop)

	CA17 4SG		Private house used for a food business
Country Puddings	Latriggs North Lakes Business Flusco Penrith CA11 0JG	Dacre	Food manufacturing / processing
Courtyard Chinese Restaurant	7 Cornmarket Penrith CA11 7DA	Penrith	Restaurant / cafe / snack bar
Courtyard Gallery	32 Boroughgate Appleby-In-Westmorland CA16 6XG	Appleby	Restaurant / cafe / snack bar coffee shop - cakes only
The Crafty Baker	24-26 Devonshire Arc Penrith CA11 7SX	Penrith	Food manufacturing / processing Takeaway
Cranstons	10 King Street Penrith CA11 7AJ	Penrith	Retailer (including farm shop)
Cranstons Cumbrian Food Hall	Ullswater Road Penrith CA11 7EH	Penrith	Retailer (including farm shop)
Cranstons Ltd	Ullswater Road Penrith CA11 7EH	Penrith	Food manufacturing / processing
Cricketers Kitchen	Penrith Cricket Club Wetheriggs Lane Penrith CA11 8PE	Penrith	Restaurant / cafe / snack bar Catering
Croft Avenue HC -One	Croft Avenue Penrith	Penrith	Hospital / residential home / school

	CA11 7RJ		
Crookabeck B&B	2 Crookabeck Patterdale Penrith CA11 0NP	Patterdale	Hotel / pub / guest house
Crookey Cottage B&B	1 Crookabeck Patterdale Penrith CA11 0NP	Patterdale	Hotel / pub / guest house
Crosby	93 Lowther Street Penrith CA11 7UW	Penrith	Hotel / pub / guest house
Crosby Ravensworth School	Crosby Ravensworth Penrith CA10 3JJ	Crosby Ravensworth	Hospital / residential home / school
Crosby Ravensworth Village Hal	Crosby Ravensworth Penrith CA10 3JP	Crosby Ravensworth	Restaurant / cafe / snack bar
Crossgate Farm	Crossgate Farm Hartsop Penrith CA11 0NZ	Patterdale	Game Larder
Crossing Cafe	South Tynedale Railw Alston CA9 3JB	Alston	Restaurant / cafe / snack bar
Cross Keys Inn	Tebay Penrith CA10 3UY	Tebay	Restaurant / cafe / snack bar Hotel / pub / guest house
Cross Keys Inn	Carleton Village Penrith	Penrith	Restaurant / cafe / snack bar Hotel / pub / guest house

CA11 8TP

The Crown and Cushion	2 Boroughgate Appleby-In-Westmorland CA16 6XB	Appleby	Hotel / pub / guest house
The Crown & Mitre	Bampton Grange Penrith CA10 2QR	Bampton	Hotel / pub / guest house
The Crown Hotel	Eamont Bridge Penrith CA10 2BX	Yanwath & Eamont Bri	Restaurant / cafe / snack bar Catering Hotel / pub / guest house
Crown Inn	Morland Penrith CA10 3AZ	Morland	Hotel / pub / guest house
The Crown Inn	Kirkoswald Penrith CA10 1DQ	Kirkoswald	Restaurant / cafe / snack bar Hotel / pub / guest house
The Crown Inn	Pooley Bridge Penrith CA10 2NP	Barton	Hotel / pub / guest house
The Crown Inn	Main Street Shap Penrith CA10 3NL	Shap	Hotel / pub / guest house
Crystal Coates	Romane Plumpton Penrith CA11 9PA	Hesket	Private house used for a food business
Culgaith School	Culgaith Penrith CA10 1QL	Culgaith	Hospital / residential home / school

Cumberland Hotel	Townfoot Alston CA9 3HX	Alston	Hotel / pub / guest house
Cumberland Mustard	Tyne Willows Station Road Alston CA9 3HZ	Alston	Food manufacturing / processing Packer Distribution / warehousing
Cumbria Catering	Unit, 11 Ullswater R Ullswater Road Penrith CA11 7EH	Penrith	Catering Moveable establishment e.g. ice cream van Takeaway
Cumbria Cold Storage Ltd	Knock Appleby-In-Westmorland CA16 6DL	Long Marton	Distribution / warehousing Moveable establishment e.g. ice cream van
Cumbria Horse Trials	Pleasant View Sockbridge Penrith CA10 2JW	Sockbridge & Tirril	Private house used for a food business
Cumbrian Apple Juice	Beech Tree Farm Reagill Penrith CA10 3ER	Crosby Ravensworth	Food manufacturing / processing Market/Market Stall
Cumbrian Catering Solutions	Rocklyn Ravenstonedale Kirkby Stephen CA17 4NG	Ravenstonedale	Catering Moveable establishment e.g. ice cream van
Cumbrian Co-op	Front Street Alston CA9 3HS	Alston	Retailer (including farm shop)
Cumbrian Co-op	The Sands	Appleby	Retailer (including farm shop)

	Appleby-In-Westmorland CA16 6XR		Staff restaurant / canteen / kitchen
Cumbrian Pantry	Front Street Alston CA9 3HU	Alston	Restaurant / cafe / snack bar Takeaway
Cycle Hire	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering
D-Licious	42 Wetheriggs Rise Penrith CA11 7EY	Penrith	Moveable establishment e.g. ice cream van
Daffodils Coffee House	8 St Andrews Churchy Penrith CA11 7YE	Penrith	Food manufacturing / processing Restaurant / cafe / snack bar Catering Takeaway
Dalemain Estates	Thrang Crag Martindale Penrith CA10 3DF	Martindale	Deer Hanging Larder
Dalemain House Tea Room	Dalemain Mansion Dalemain Penrith CA11 0HB	Dacre	Restaurant / cafe / snack bar
Dana Indian Takeaway	8 Great Dockray Penrith CA11 7BL	Penrith	Takeaway
David's Carleton Farm Food Sho	Carleton Avenue Penrith CA11 8RQ	Penrith	Retailer (including farm shop)

Davidsons Garage	Scotland Road Penrith CA11 7NN	Penrith	Retailer (including farm shop)
Deepdale Hall	Patterdale Penrith CA11 0NR	Patterdale	Hotel / pub / guest house
Deer 'n' Dexter	Old Stoddah Farm Penruddock Penrith CA11 0RY	Hutton	Market/Market Stall
Deniz Foods	6 Middlegate Penrith CA11 7PG	Penrith	Takeaway
Dent Logistics Ltd	Barbary Plains Edenhall Penrith CA11 8SR	Langwathby	Distribution / warehousing
N G & L Dent Newsagent	20 Boroughgate Appleby-In-Westmorland CA16 6XB	Appleby	Retailer (including farm shop)
Dexters Kitchen	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Restaurant / cafe / snack bar Takeaway
E G Diner	Redhills Lane Redhills Penrith CA11 0DT	Dacre	Restaurant / cafe / snack bar
Dining In	Center Parcs Whinfel Temple Sowerby Penrith	Brougham	

	CA10 2DW		
Ditzy Dream	Romane Plumpton Penrith CA11 9PA	Hesket	Market/Market Stall
T & G Dobson	Bank Wood Brackenber Appleby-In-Westmorland CA16 6LP	Hilton & Murton	Retailer (including farm shop)
Dockray Hall	Great Dockray Penrith CA11 7DE	Penrith	Hotel / pub / guest house
The Dog and Gun Inn	Skelton Penrith CA11 9SE	Skelton	Hotel / pub / guest house
Dog Beck	20 Southend Road Penrith CA11 8JH	Penrith	Hotel / pub / guest house
Domino's Pizza	25 Cornmarket Penrith CA11 7HS	Penrith	Takeaway
Dominos Pizza Group Ltd	Cowper Road Gilwilly Industrial Penrith CA11 9BN	Penrith	Food manufacturing / processing Distribution / warehousing
N & J Dowding Ltd	12 Boroughgate Appleby-In-Westmorland CA16 6XB	Appleby	Retailer (including farm shop)
The Druids Arms	28 Sandgate Penrith	Penrith	Hotel / pub / guest house

	CA11 7TJ		
Drybeck Farm	Drybeck Farm Armathwaite Carlisle CA4 9ST	Hesket	Retailer (including farm shop) Market/Market Stall Private house used for a food business Primary Producer - Livestock Primary Producer - Arable
Dufton Youth Hostel	Dufton Appleby-In-Westmorland CA16 6DB	Dufton	Hotel / pub / guest house
The Dukes Head	Armathwaite Carlisle CA4 9PB	Hesket	Hotel / pub / guest house
Mrs Patricia Anne Easton	13 Juniper Way Penrith CA11 8UF	Penrith	caterer
East Station and Buffet Car	South Road Kirkby Stephen CA17 4SY	Kirkby Stephen	Buffet Car
East View	Garrigill Alston CA9 3DU	Alston	Hotel / pub / guest house
Eden Arts Limited	The Old Fire Station Bridge Lane Penrith CA11 8HY	Penrith	Venue selling drinks/snacks
Eden Brewery	Unit 3 Hartness Road Penrith CA11 9BD	Penrith	Food manufacturing / processing Packer
Eden Cake Designs	7 Midfield Mews	Appleby	Private house used for a food business

	Appleby-In-Westmorland CA16 6SE		celebration cakes/ baked goods
The Eden Emporium	The Catholic Church Market Street Kirkby Stephen CA17 4QW	Kirkby Stephen	Retailer (including farm shop)
Eden Foods Ltd	Unit J East Lakes Business Gilwilly Industrial Penrith CA11 9BB		Distribution / warehousing
Eden Gallery Tea Rooms	3 St Andrews Churchy Penrith CA11 7YE	Penrith	Restaurant / cafe / snack bar
Eden Gate	5 Victoria Road Penrith CA11 8HR	Penrith	Hotel / pub / guest house
Edenhall Country Hotel	Edenhall Penrith CA11 8SX	Langwathby	Restaurant / cafe / snack bar Hotel / pub / guest house
Eden House B&B	65 High Street Kirkby Stephen CA17 4SH	Kirkby Stephen	Hotel / pub / guest house
Eden River Cafe	5 Bridge Street Appleby-In-Westmorland CA16 6QH	Appleby	Restaurant / cafe / snack bar Takeaway
Edenside	Greengarth Bridge Lane Penrith CA11 8HY	Penrith	Hospital / residential home / school

Eden Stores	The Stores Front Street Armathwaite Carlisle CA4 9PB		Retailer (including farm shop) Takeaway
Eden Valley Ices	Colby House Berrier Road Greystoke Penrith CA11 0UB	Greystoke	Moveable establishment e.g. ice cream van
Eden Valley Meat Co	Scar Foot Plumpton Penrith CA11 9PF	Hesket	Distribution / warehousing
Eden Valley Produce	27 Market Square Kirkby Stephen CA17 4QT	Kirkby Stephen	Retailer (including farm shop)
Eden Whippy	AB MOT's 13 Hartness Road Penrith CA11 9BD	Penrith	Moveable establishment e.g. ice cream van
The Eden Workshop	Scar Foot Farm Plumpton Penrith CA11 9PF	Hesket	food education - workshops etc
Edinburgh Woollen Mill	11 Market Square Penrith CA11 7BY	Penrith	Retailer (including farm shop)
Edington Centre	Unit 1 Gilwilly Road Gilwilly Industrial Penrith	Penrith	Day Care Centre

	CA11 9BF		
Edwards Marquees	4 Horsley Terrace Penrith CA11 8AY	Penrith	Moveable establishment e.g. ice cream van
El Canario	9 Queen Street Penrith CA11 7XF	Penrith	Restaurant / cafe / snack bar
Elite Fitness	Unit 1 East Lakes Business Gilwilly Road Penrith CA11 9BB	Penrith	Retailer (including farm shop)
Emerson's Commercial Services	Unit 39 Stalker Road Gilwilly Industrial Penrith CA11 9BG	Penrith	Distribution / warehousing
Ms Rebecca England	3 Nunnery Hill Way Nenthead Alston CA9 3LT	Alston	Catering
Environment Agency	Gillan Way Penrith 40 Business Penrith CA11 9BP	Penrith	Staff restaurant / canteen / kitchen
Fairlight Guest House	Glenridding Penrith CA11 0PD	Patterdale	Restaurant / cafe / snack bar Hotel / pub / guest house
F & R Farms Ltd	Piper Hole Ravenstonedale Kirkby Stephen	Ravenstonedale	Food manufacturing / processing Retailer (including farm shop) Market/Market Stall

	CA17 4NN		
Farm Harvest	Unit 45 Hartley Fold Kirkby Stephen CA17 4JH	Hartley	Food manufacturing / processing Packer Market/Market Stall Catering
The Fat Lamb	Ravenstonedale Kirkby Stephen CA17 4LL	Ravenstonedale	Hotel / pub / guest house
The Feel Good Factory	3-5 Boroughgate Appleby-In-Westmorland CA16 6XF	Appleby	Retailer (including farm shop)
Fell & Dales Catering	Argill House South Stainmore Kirkby Stephen CA17 4DH		Moveable establishment e.g. ice cream van
Fell Bar	52 King Street Penrith CA11 7AY	Penrith	Hotel / pub / guest house
Fell Bites	Croft House Greenside Road Glenridding Penrith CA11 0PD	Patterdale	Restaurant / cafe / snack bar
Fellside House B&B	5 Townhead Court Melmerby Penrith CA10 1HG	Ousby	Hotel / pub / guest house
The Fetherston Arms	Kirkoswald Penrith CA10 1DQ	Kirkoswald	Restaurant / cafe / snack bar Hotel / pub / guest house

Fiends Fell	Rose Bank Gamblesby Penrith CA10 1HR	Glassonby	Private house used for a food business
First Class Kids	Old Post Office Calthwaite Penrith CA11 9QT	Hesket	Nursery
The Fish Cellar	28 Devonshire Arcade Penrith CA11 7SX	Penrith	Retailer (including farm shop)
Ms Susan Elizabeth Fisher	Castlesteads Yanwath Woodhouse Eamont Bridge Penrith CA10 2JB	Yanwath & Eamont Bri	Retailer (including farm shop) Restaurant / cafe / snack bar Market/Market Stall
Fletcher House	Fletcher Hill Kirkby Stephen CA17 4QQ	Kirkby Stephen	Hotel / pub / guest house Private house used for a food business
Flusco Wood Caravan Park Shop	Flusco Penrith CA11 0JB	Dacre	Retailer (including farm shop)
Forest Diner	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Holiday Park
Foundry 34	34 Burrowgate Penrith CA11 7TA	Penrith	Restaurant / cafe / snack bar Takeaway
Four and Twenty	42 King Street	Penrith	

	Penrith CA11 7AY		
The Fox and Pheasant	Armathwaite Carlisle CA4 9PY	Ainstable	Hotel / pub / guest house
The Fox Inn	Ousby Penrith CA10 1QA	Ousby	Hotel / pub / guest house
Frank Bird Staff Canteen	Underlyne Langwathby Penrith CA10 1NB	Langwathby	
Frenchfield Sports Centre	Frenchfield Sports C Carleton Penrith CA11 8UA	Penrith	vending machine
Fyne Fish	Cranstons Cumbrian F Ullswater Road Penrith CA11 7EH	Penrith	Retailer (including farm shop)
Gangster Wrap	Stevannketh Hackthorpe Penrith CA10 2HX	Lowther	Moveable establishment e.g. ice cream van
The Garden Apartment B&B	Croft Cottage 36 Bongate Appleby-In-Westmorland CA16 6HW	Appleby	Catering Hotel / pub / guest house Private house used for a food business
Garrigill Estate	Bleagate Farm Garrigill Alston	Alston	Game Collection Point

	CA9 3UL		
Garrigill Post Office	Garrigill Alston CA9 3DS	Alston	Retailer (including farm shop)
Garrigill Village Hall	Garrigill Alston CA9 3DS	Alston	Catering Community Hall
The Gathering	3 King Street Penrith CA11 7AR	Penrith	Restaurant / cafe / snack bar
The General Wolfe	6-7 Little Dockray Penrith CA11 7HL	Penrith	Hotel / pub / guest house
George & Dragon	Clifton Penrith CA10 2ER	Clifton	Restaurant / cafe / snack bar Hotel / pub / guest house
The George & Dragon Inn	Garrigill Alston CA9 3DS	Alston	Hotel / pub / guest house
The George Hotel	Front Street Orton Penrith CA10 3RJ	Orton	Hotel / pub / guest house
The George Hotel	Devonshire Street Penrith CA11 7SU	Penrith	Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Hotel / pub / guest house
Gianni's Ristorante	11 Market Square Penrith CA11 7BY	Penrith	Restaurant / cafe / snack bar

Gill Head Farm	Troutbeck Penrith CA11 0ST	Matterdale	Hotel / pub / guest house
The Ginney Country Guest House	The Ginney Catterlen Penrith CA11 0BQ	Catterlen	Hotel / pub / guest house
Ginsters	5 Newton Gate Indust Penrith CA11 0AB	Penrith	Distribution / warehousing
Glassonby Forest Nurseries	Glassonby Lodge Glassonby Penrith CA10 1DT	Glassonby	P.Y.O.
Glendale Guest House	4 Portland Place Penrith CA11 7QN	Penrith	Hotel / pub / guest house
J & I N Glendinning	Dacre Bank Farm Dacre Penrith CA11 0HL	Dacre	Seasonal Slaughterer (Scotland Only)
Glenmore Trust	2 Newton Road Penrith CA11 9FA	Penrith	Hospital / residential home / school
Glenridding Gallery	Gowbarrow House Glenridding Penrith CA11 0PA	Patterdale	Retailer (including farm shop)
The Glenridding Hotel	Glenridding Penrith	Patterdale	Retailer (including farm shop) Restaurant / cafe / snack bar

	CA11 0PB		Hotel / pub / guest house
Glenridding House	Glenridding Penrith CA11 0PH	Patterdale	Restaurant / cafe / snack bar Hotel / pub / guest house Moveable establishment e.g. ice cream van Takeaway
Glenridding Mini Market	Glenridding Penrith CA11 0PA	Patterdale	Retailer (including farm shop)
The Globe Inn	Calthwaite Penrith CA11 9QT	Hesket	Hotel / pub / guest house
The Golden Ball	4 High Wiend Appleby-In-Westmorland CA16 6RD	Appleby	Hotel / pub / guest house
Golden Boat Chinese Takeaway	24 Queen Street Penrith CA11 7XD	Penrith	Catering Takeaway
The Golden Fleece Inn	Main Street Brough Kirkby Stephen CA17 4BL	Brough	Hotel / pub / guest house
Go Outdoors	Ullswater Road Penrith CA11 7EH	Penrith	Retailer (including farm shop)
Grab a Snack	9 Long Meg Cottages Little Salkeld Penrith CA10 1NL	Hunsonby	Moveable establishment e.g. ice cream van
Granny Dowbekins	Pooley Bridge Penrith	Barton	Food manufacturing / processing Restaurant / cafe / snack bar

	CA10 2NP		Catering Takeaway
Grants of Castlegate	54 Castlegate Penrith CA11 7HY	Penrith	Restaurant / cafe / snack bar
Grapes Inn	The Sands Appleby-In-Westmorland CA16 6XR	Appleby	Restaurant / cafe / snack bar Hotel / pub / guest house Takeaway
Grapevine The Wine Service Com	Threlkeld Business P Threlkeld Keswick CA12 4SU	Threlkeld	Distribution / warehousing
Greenah	Matterdale Penrith CA11 0SA	Matterdale	Hotel / pub / guest house
Greenbank Farm	Patterdale Penrith CA11 0NR	Patterdale	Hotel / pub / guest house
The Green Mangel	Moorlands Cottage Nenthead Alston CA9 3LP	Alston	Retailer (including farm shop) Market/Market Stall Moveable establishment e.g. ice cream van
Green Room, Lounge Bar	Center Parcs Whinfell Forest Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Holiday Park
Greenthwaite	Greenthwaite Hall Co Berrier Penrith CA11 0XA	Greystoke	Hotel / pub / guest house

The Green Tree Pharmacy Ltd	6-8 Market Street Kirkby Stephen CA17 4QS	Kirkby Stephen	Retailer (including farm shop)
Greenwheat Flowers and Fika	9 Brunswick Road Penrith CA11 7LU	Penrith	Retailer (including farm shop) Restaurant / cafe / snack bar
Greggs	4 Devonshire Street Penrith CA11 7SR	Penrith	Retailer (including farm shop)
Greggs	Southwaite Motorway M6 Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Restaurant / cafe / snack bar Takeaway
Greggs in Forecourt	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Restaurant / cafe / snack bar Catering Takeaway
Greggs of Cumbria	Greenbank Road Eden Business Park Penrith CA11 9FB	Penrith	Food manufacturing / processing
Mrs Anne Gregson	Le Sars Nateby Road Kirkby Stephen CA17 4JN	Kirkby Stephen	caterer
Grey Croft	Middle Park Alston CA9 3AR	Alston	Hotel / pub / guest house

Grey Goat	Sandgate Penrith CA11 7TH	Penrith	Hotel / pub / guest house
The Greyhound Hotel	Main Street Shap Penrith CA10 3PW	Shap	Hotel / pub / guest house
Greystoke Cycle Cafe	Poplin Dub Johnby Penrith CA11 0UT	Greystoke	Private house used for a food business
Greystoke School Kitchen	Village Hall Greystoke Penrith CA11 0TW	Greystoke	Hospital / residential home / school
Greystoke Swimming Pool	Church Road Greystoke Penrith CA11 0TW	Greystoke	Restaurant / cafe / snack bar
Greystoke Village Stores Ltd	Greystoke Penrith CA11 0TW	Greystoke	Retailer (including farm shop)
Grisedale Croft	Church Road Alston CA9 3QS	Alston	Hospital / residential home / school
Grisedale Lodge	Glenridding Penrith CA11 0PJ	Patterdale	Bed & Breakfast
Haggs Bank Bunk House	Nentsbury Alston CA9 3LH	Alston	Hotel / pub / guest house

Mr David Halliwell	7 Apple Tree Gardens Penrith CA11 8WG		Retailer (including farm shop)
Hallmark Thorntons	2 Bowling Green Lane Penrith New Squares Penrith CA11 7GP	Penrith	Retailer (including farm shop)
Halls Newsagents	Market Square Kirkby Stephen CA17 4QT	Kirkby Stephen	Retailer (including farm shop)
T R Handley Limited	Lilac House Crosby Garrett Kirkby Stephen CA17 4PR	Crosby Garrett	Haulage Contractors
The Happy Chef	9 Gayle Avenue Shap Penrith CA10 3NS	Lowther	Moveable establishment e.g. ice cream van
Happy Days (Eden) Ltd	Old Artlegarth Farmh Ravenstonedale Kirkby Stephen CA17 4NW	Ravenstonedale	Market/Market Stall Moveable establishment e.g. ice cream van
Harbut Law	Brampton Road Alston CA9 3BD	Alston	Hotel / pub / guest house
Hare & Hounds	13 Boroughgate Appleby-In-Westmorland CA16 6XF	Appleby	Hotel / pub / guest house
Hargreaves & Bulman	Unit 60 Gilwilly Road	Penrith	Wholesale / cash and carry Distribution / warehousing

	Penrith CA11 9BL		Retailer (including farm shop)
K J Harrison	Aimshaugh Leadgate Alston CA9 3EL	Alston	Catering Private house used for a food business
Hartside Top Cafe	Alston CA9 3BW	Alston	Restaurant / cafe / snack bar Catering Moveable establishment e.g. ice cream van Takeaway
Mrs P Hasted	1 Aisgill Moor Cotta Mallerstang Kirkby Stephen CA17 4JY	Mallerstang	Private house used for a food business
S I & S Hastings	Unit 9 Cowper Road Gilwilly Industrial Penrith CA11 9BN	Penrith	Bulk Haulage
The Haven	Hackthorpe Penrith CA10 2HT	Lowther	Hospital / residential home / school
Haweswater Hotel	Bampton Penrith CA10 2RP	Shap Rural	
Haybergill Centre	Hayber Lane Warcop Appleby-In-Westmorland CA16 6NP	Warcop	Bed & Breakfast Accommodation
Hazeldene Nursery and Tea Room	Hazel Dene Station Road	Culgaith	Restaurant / cafe / snack bar

	Culgaith Penrith CA10 1QF		
Heartwood Poultry	High Carlingill Tebay Penrith CA10 3XX	Tebay	Food manufacturing / processing Market/Market Stall
The Heather Glen Country Hotel	Ainstable Carlisle CA4 9QQ	Ainstable	Hotel / pub / guest house
Helbeck Estate	Helbeck Hall Brough Kirkby Stephen CA17 4DD	Brough	Primary Producer - Livestock
Helm Bar Brewery	Ellerholme Langton Appleby-In-Westmorland CA16 6JG	Hilton & Murton	Food manufacturing / processing
Helvellyn Country Kitchen	Glenridding Penrith CA11 0PA	Patterdale	Restaurant / cafe / snack bar
Helvellyn Youth Hostel Associa	Greenside Greenside Road Glenridding Penrith CA11 0QR	Patterdale	Catering Hostal Acc/YHA Membs & Guests
Herdwick Inn	Penruddock Penrith CA11 0QU	Hutton	Hotel / pub / guest house
The Hermitage Guest House	The Hermitage Main Street	Shap	Hotel / pub / guest house

	Shap Penrith CA10 3LX		
Mrs Susan Hewitt	21 Newton Road Penrith CA11 9ED	Penrith	caterer
Hidden Corner Antiques	Park House Long Marton Appleby-In-Westmorland CA16 6BY	Long Marton	Catering
The Hideout	12 Middlegate Penrith CA11 7PG	Penrith	Restaurant / cafe / snack bar Takeaway
High Barton	Watermillock Penrith CA11 0JH	Matterdale	Hotel / pub / guest house
High Chapel Community & Herita	Ravenstonedale Kirkby Stephen CA17 4NG	Ravenstonedale	village hall
Highgate Rare Breeds	Highgate Farm Morland Penrith CA10 3BB	Morland	Market/Market Stall Primary Producer - Livestock
High Hesket School	High Hesket Carlisle CA4 0HU	Hesket	Hospital / residential home / school
Highland Drove Inn	Great Salkeld Penrith CA11 9NA	Great Salkeld	Restaurant / cafe / snack bar Hotel / pub / guest house
The High Plaice	Birch Bank	Alston	Takeaway

	Front Street Alston CA9 3QH		
Hillcroft Caravan Park	Hillcroft Pooley Bridge Penrith CA10 2LT	Barton	Retailer (including farm shop)
Hills of Corby Hill Ltd BP	Townhead Garage Scotland Road Penrith CA11 7NN	Penrith	Retailer (including farm shop)
The Hired Lad	Agricultural Hall Skirsgill Penrith CA11 0DN	Penrith	Catering Hotel / pub / guest house
Hoff Lunn Shoot	Keepers House Hoff Appleby-in-Westmorland CA16 6TD	Bandleyside	Shoot
Holland & Barrett	15 Angel Square Penrith CA11 7BT	Penrith	Retailer (including farm shop)
The Hollies	Roman Road Appleby-In-Westmorland CA16 6JH	Appleby	Hotel / pub / guest house
Home Bargains	Ullswater Road Penrith CA11 7JQ	Penrith	Retailer (including farm shop)
Home Made By Sandra	14 Jollybeard Gate Alston CA9 3TG	Alston	Market/Market Stall Catering

Homemade in Morland Village	5 Jackson Croft Morland Penrith CA10 3AU	Morland	Food manufacturing / processing Private house used for a food business
Hopkinsons Caravan Park	Whitbarrow Hall Berrier Penrith CA11 0XB	Hutton	Retailer (including farm shop)
Horse & Farrier	Dacre Penrith CA11 0HL	Dacre	Hotel / pub / guest house
The Horse & Farrier	Threlkeld Keswick CA12 4SQ	Threlkeld	Hotel / pub / guest house
Horse Shoe Cafe	50-52 Market Street Kirkby Stephen CA17 4QW	Kirkby Stephen	Restaurant / cafe / snack bar
Hot Cakes	Eden View 4 Elm Tree Court Culgaith Penrith CA10 1QW	Culgaith	Private house used for a food business
Housing 21	Lonsdale Court Prince Charles Close Pategill Penrith CA11 8LD	Penrith	food for service users
Howgate Foot Bed & Breakfast	Howgate Foot Askham Penrith CA10 2PU	Bampton	Hotel / pub / guest house

Howgill House B&B	Howgill House Bongate Appleby-In-Westmorland CA16 6UW	Appleby	Hotel / pub / guest house
The Howtown Hotel & Tearoom	Howtown Penrith CA10 2ND	Martindale	Farm Shop (Scotland Only) Hotel / pub / guest house
Hucks	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Holiday Park
Hunsonby Swimming Club	Swimming Pool Hunsonby Penrith CA10 1PN	Hunsonby	Retailer (including farm shop)
Hunter Hall School	Carleton Penrith CA11 8UA	Penrith	Hospital / residential home / school
Ice Cream Garden	10 Cornmarket Penrith CA11 7DA	Penrith	Restaurant / cafe / snack bar
Iceland Foods Ltd	Castle Retail Park Cavendish Way Penrith CA11 7JQ		Retailer (including farm shop) Staff restaurant / canteen / kitchen
If I Knew You Were Coming	13 The Croft Warcop Appleby-In-Westmorland CA16 6PH	Warcop	Private house used for a food business

India Gate	11A Burrowgate Penrith CA11 7TE	Penrith	Catering
Indian Fusion	5 Great Dockray Penrith CA11 7BL	Penrith	Takeaway
Indian Plaza	45 Middlegate Penrith CA11 7PT	Penrith	Restaurant / cafe / snack bar Takeaway
The Inn at Brough	Main Street Brough Kirkby Stephen CA17 4AX	Brough	Restaurant / cafe / snack bar Hotel / pub / guest house
The Inn on the Lake	Glenridding Penrith CA11 0PE	Patterdale	Restaurant / cafe / snack bar Hotel / pub / guest house
Inspire Bakery	Lonsdale Court Pategill Penrith CA11 8LD	Penrith	Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen
The Italian Coffee Cabin	The Old Post Office Newbiggin Penrith CA11 0HT	Dacre	Moveable establishment e.g. ice cream van
Ivegill C of E Primary School	Ivegill Carlisle CA4 0PA	Castle Sowerby	Hospital / residential home / school
Ivegill Nursery	Ivegill Carlisle CA4 0QF	Castle Sowerby	Nurse food Serving only

Mrs Patricia Mary Ivinson	Robinson House Calthwaite Penrith CA11 9RY	Hesket	caterer
Ivy Cottage Baker	Ivy Cottage Main Street Newbiggin-On-Lune Kirkby Stephen CA17 4NS	Ravenstonedale	Private house used for a food business
Jackson Family Butchers	23a Great Dockray Penrith CA11 7DE	Penrith	Retailer (including farm shop)
James Wholesale Fruit & Veg	Rowlands Greenbank Road Penrith CA11 9FB	Penrith	Wholesale / cash and carry
J & J Graham	6-7 Market Square Penrith CA11 7BS	Penrith	Retailer (including farm shop)
Janey Macs	Eden Foyer Old London Road Penrith CA11 8ET	Penrith	Restaurant / cafe / snack bar
Jean May - Makes Cakes	7 Huntley Avenue Penrith CA11 8NS	Penrith	Private house used for a food business
Jeannie's Kitchen Garden	The Old Chapel Bampton Penrith CA10 2RH	Bampton	Food manufacturing / processing Market/Market Stall Private house used for a food business
Joe Rothery International	Grand Prix Services	Brough	Distribution / warehousing

	Main Street Brough Kirkby Stephen CA17 4AY		
John Beaty Transport Ltd	Station View Penrith CA11 0BX	Penrith	Distribution / warehousing
Johnby Hall	Johnby Penrith CA11 0UU	Greystoke	Hotel / pub / guest house
Ms Nicole Kathryn Johnson	131 Brentfield Way Penrith CA11 8HQ	Penrith	Catering
Johnstones Garage	North Road Kirkby Stephen CA17 4RP	Kirkby Stephen	Garage Forecourt Shop
The Joiners Arms	Lazonby Penrith CA10 1BL	Lazonby	Hotel / pub / guest house
The Jolly Farmers Guest House	63 High Street Kirkby Stephen CA17 4SH	Kirkby Stephen	Hotel / pub / guest house
Joseph Cowper Ltd	50 King Street Penrith CA11 7AY	Penrith	Retailer (including farm shop)
J Thompson Catering	Penrith Golf Club Salkeld Road Penrith CA11 8SG	Penrith	Restaurant / cafe / snack bar
Jubilee House	Jubilee House	Yanwath & Eamont Bri	Residential Rehab Centre

	Eamont Park Eamont Bridge Penrith CA10 2BP		
Julie's Baking Delights	2 Crag Side Dockray Penrith CA11 0JZ	Matterdale	Market/Market Stall Private house used for a food business
June's Jams, Chutneys & Relish	Old Coach House Kirkoswald Penrith CA10 1DQ	Kirkoswald	Private house used for a food business
Just Greek	48 King Street Penrith CA11 7AY	Penrith	Restaurant / cafe / snack bar Takeaway
K&J Catering	Dunelm Long Marton Appleby-In-Westmorland CA16 6AQ	Long Marton	Moveable establishment e.g. ice cream van Outside Catering Trailer
K&J Catering Nosh Box	Dunelm Long Marton Appleby-In-Westmorland CA16 6AQ	Long Marton	Moveable establishment e.g. ice cream van
Kath Earl	Merryvale Long Marton Appleby-In-Westmorland CA16 6BJ	Long Marton	Market/Market Stall
Katy Edgar Outside Catering	Fellside Ousby Penrith CA10 1QB	Ousby	Catering

Keepers Cottage	Brougham Penrith CA10 2DE	Brougham	Hotel / pub / guest house
Kennedys Fine Chocolates	The Old School Front Street Orton Penrith CA10 3RU	Orton	Food manufacturing / processing Retailer (including farm shop) Restaurant / cafe / snack bar
Ms Elizabeth Kerrey	6 Marshall Terrace Main Street Shap Penrith CA10 3NX	Shap	Private house used for a food business
Keswick Golf Club	Threlkeld Keswick CA12 4SX	Threlkeld	Restaurant / cafe / snack bar
KFC	Fieldrose House Bridge Lane Penrith CA11 8JB	Penrith	Retailer (including farm shop) Restaurant / cafe / snack bar Catering Takeaway
Kiddlywinks Nursery	Eamont House Gillan Way Penrith CA11 9BP	Penrith	Staff restaurant / canteen / kitchen Hospital / residential home / school
Kiddlywinks The Meadows	The Old Stables Redhills Lane Redhills CA11 0DT	Dacre	Hospital / residential home / school
The Kings Arms Hotel	Temple Sowerby Penrith CA10 1SB	Temple Sowerby	Hotel / pub / guest house

The Kings Arms Hotel	Market Street Kirkby Stephen CA17 4QN	Kirkby Stephen	Restaurant / cafe / snack bar Hotel / pub / guest house
The Kings Arms	Main Street Shap Penrith CA10 3NQ	Shap	Hotel / pub / guest house
The Kings Arms	Stainton Penrith CA11 0EP	Dacre	Catering Hotel / pub / guest house
Kings Head Hotel	Bridge Street Appleby-In-Westmorland CA16 6QH	Appleby	Hotel / pub / guest house
The Kings Head Hotel	Kings Head Hotel Ravenstonedale Kirkby Stephen CA17 4NH	Ravenstonedale	Restaurant / cafe / snack bar Hotel / pub / guest house
King Street News	28 King Street Penrith CA11 7AG	Penrith	Retailer (including farm shop)
Kirkby Stephen Auction Mart	Faraday Road Kirkby Stephen CA17 4QL	Kirkby Stephen	Restaurant / cafe / snack bar
Kirkby Stephen Grammar School	Christian Head Kirkby Stephen CA17 4HA	Kirkby Stephen	Hospital / residential home / school
Kirkby Stephen Hostel	Fletcher Hill Kirkby Stephen CA17 4QQ	Kirkby Stephen	Hotel / pub / guest house
Kirkby Stephen Primary School	Nateby Road	Kirkby Stephen	Hospital / residential home / school

	Kirkby Stephen CA17 4AE		
Kirkby Stephen Sports & Social	Market Street Kirkby Stephen CA17 4QN	Kirkby Stephen	Restaurant / cafe / snack bar
Kirkby Thore Filling Station	Kirkby Thore Penrith CA10 1XD	Kirkby Thore	Retailer (including farm shop)
Kirkby Thore Pre-School	Kirkby Thore School Priest Lane Kirkby Thore Penrith CA10 1UU	Kirkby Thore	Hospital / residential home / school
Kirkby Thore Primary School	Kirkby Thore Penrith CA10 1UU	Kirkby Thore	Hospital / residential home / school
Kirkoswald After School Club	Kirkoswald C Of E Sc Kirkoswald Penrith CA10 1EN	Kirkoswald	Hospital / residential home / school
Kirkoswald Castle Estate	Hawthorn Cottage Fog Close Kirkoswald Penrith CA10 1JG	Kirkoswald	pheasant shoot
Kirkoswald C of E School	Kirkoswald Penrith CA10 1EN	Kirkoswald	Hospital / residential home / school
W Kirkup & Sons Family Butcher	Market Place Alston CA9 3QN	Alston	Retailer (including farm shop)

Mrs Sale's Kitchen	2 Cross Green Barn Shap Penrith CA10 3NL	Shap	Private house used for a food business
Knipe Moor	c/o PFK Land Agency Agricultural Hall Skirsgill Penrith CA11 0DN	Kirkby Stephen	Shoot
Knotts Mill Country Lodge	Watermillock Penrith CA11 0JN	Matterdale	Hotel / pub / guest house
The Korv House	12 Macadam Way Penrith CA11 9HG	Penrith	Moveable establishment e.g. ice cream van
Krusty's Bike Barn	Fletcher Hill Kirkby Stephen CA17 4QH	Kirkby Stephen	Restaurant / cafe / snack bar
La Casa Verde	Melkinthorpe Penrith CA10 2DR	Lowther	Restaurant / cafe / snack bar
Lake District National Park U	Beckside Car Park Greenside Road Glenridding Penrith CA11 0PD	Patterdale	Retailer (including farm shop)
Lake District School of Food &	Beechcroft Sleagill Penrith CA10 3HD	Sleagill	Catering Private house used for a food business

Lake District Snacks	Orchard Hideaways Redhills Lane Redhills Penrith CA11 0DT	Dacre	Retailer (including farm shop)
Lakeland Bird of Prey Centre	Lowther Penrith CA10 2HH	Lowther	Restaurant / cafe / snack bar
Lakeland Boat Hire	Pooley Bridge Penrith CA10 2NR	Barton	Restaurant / cafe / snack bar Takeaway
lakes and Dales Co-operative S	The Co Op Main Street Shap Penrith CA10 3NG	Shap	Retailer (including farm shop)
Lakes Catering	Claremont Lowther Penrith CA10 2HH	Lowther	Moveable establishment e.g. ice cream van
Lakeside Inn	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Holiday Park
Lakeside Kiosk	Glenridding Penrith CA11 0PJ	Patterdale	Restaurant / cafe / snack bar Catering Takeaway
Lambkins Day Nursery & Pre-Sch	Langwathby Hall Farm Langwathby Penrith CA10 1LW	Langwathby	Hospital / residential home / school

Lanehead Farm Country Guesthou	Troutbeck Penrith CA11 0SY	Mungrisdale	Hotel / pub / guest house
Langwathby C of E Primary Scho	Salkeld Road Langwathby Penrith CA10 1ND	Langwathby	Hospital / residential home / school
Langwathby Station Cafe	Railway Station Station Road Langwathby Penrith CA10 1NB	Langwathby	Retailer (including farm shop) Restaurant / cafe / snack bar Catering Takeaway
Langwathby Stores	Langwathby Penrith CA10 1LW	Langwathby	Retailer (including farm shop)
La Ruche	29 Thorpefield Sockbridge Penrith CA10 2JN	Sockbridge & Tirril	Hotel / pub / guest house
The Last Orders Inn	Burrowgate Penrith CA11 7TA	Penrith	Hotel / pub / guest house
Laura Harker	11 Green Croft Askham Penrith CA10 2PJ	Askham	Private house used for a food business
Laurel House	Culgaith Penrith CA10 1QL	Culgaith	Hotel / pub / guest house
Lazonby & District Swimming Po	Lazonby	Lazonby	Restaurant / cafe / snack bar

	Penrith CA10 1AX		
Lazonby Auction Mart	Fiddlers Lane Lazonby Penrith, Cumbria CA10 1BL	Lazonby	Restaurant / cafe / snack bar Catering
Lazonby Co-op	Lazonby Penrith CA10 1BG	Lazonby	Retailer (including farm shop)
Lazonby C of E School	Lazonby Penrith CA10 1BL	Lazonby	Hospital / residential home / school
Lazonby Hall	Lazonby Penrith CA10 1AZ	Lazonby	Hotel / pub / guest house
Lazy Bees	Lazonby C Of E Schoo Lazonby Penrith CA10 1BL	Lazonby	After School Club
Leacett Cottage Cafe	Leacett Cottage Melkinthorpe Penrith CA10 2DS	Brougham	Restaurant / cafe / snack bar
Learning Fields Community Inte	Nags Head Farm Hoff Appleby-In-Westmorland CA16 6TD	Bandleyside	Res. Bunkbarn / Meeting Room
Leeming House Hotel	Watermillock Penrith CA11 0JJ	Matterdale	Hotel / pub / guest house

Leisure Bowl	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	
Lel's Food 4 Thought	24 Drovers Lane Penrith CA11 9EP	Penrith	Private house used for a food business
The Lemon Tree Cafe - Bistro	20 Devonshire Arcade Penrith CA11 7SX	Penrith	
Messrs Lightfoot	Gillside Farm Glenridding Penrith CA11 0QQ	Patterdale	Retailer (including farm shop)
The Limes Country Guest House	Redhills Lane Redhills Penrith CA11 0DT	Dacre	Hotel / pub / guest house
The Limes	Colby Appleby-In-Westmorland CA16 6BD	Bandleyside	Bed & B/Evening meal
Linda's Cupcakes	Hall Farm Little Salkeld Penrith CA10 1NN	Hunsonby	Private house used for a food business
Little Chippy	23 Cornmarket Penrith CA11 7HS	Penrith	Fish & Chip Takeaway
Little Miss Cupcake	44 The Firs Alston CA9 3RW	Alston	Private house used for a food business

Little Treasures Nursery	Morland School Morland Penrith CA10 3AT	Morland	Pre school Nursery
The Little Treat Catering Comp	41 Musgrave Street Penrith CA11 9AS	Penrith	
Little VIPS Day Care	Pheasant Bush Cottag Hackthorpe Penrith CA10 2HX	Lowther	childrens daycare
LJM Haulage	Unit 2 Crosscroft Industria Appleby-in-Westmorland CA16 6HX	Appleby	Distribution / warehousing
Llama Karma Kafe	Brougham Penrith CA10 2AB	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Takeaway
Loaves and Fishes	Methodist Hall Wordsworth Street Penrith Cumbria CA11 7QY	Penrith	Catering
Lockholme Bed and Breakfast	48 South Road Kirkby Stephen CA17 4SN	Kirkby Stephen	Hotel / pub / guest house
Long Marton Childrens Club	Long Marton School Long Marton Appleby-In-Westmorland CA16 6JP	Long Marton	Hospital / residential home / school School Club

Long Marton School	Long Marton Appleby-In-Westmorland CA16 6JP	Long Marton	Hospital / residential home / school
Long Marton Village Institute	Long Marton Appleby-In-Westmorland CA16 6BJ	Long Marton	Community Building
Lonsdale Cinema	Middlegate Penrith CA11 7PT	Penrith	Cinema Kiosk
Lorton's Catering	9 Tynefield Drive Penrith CA11 8JA	Penrith	Moveable establishment e.g. ice cream van
Lotus Garden	6 Crown Square Penrith CA11 7AB	Penrith	Takeaway
The Lounge Hotel & Bar	King Street Penrith CA11 7AJ	Penrith	Hotel / pub / guest house
Lovelady Shield Country House	Lovelady Lane Alston CA9 3LX	Alston	
Lowbyer Manor Country House	Lowbyer Manor Hotel Alston CA9 3JX	Alston	Hotel / pub / guest house
Low Hall Country House Accommo	Low Hall Little Strickland Penrith CA10 3EG	Great Strickland	Hotel / pub / guest house
Low Howgill	Low Howgill Milburn	Milburn	Food manufacturing / processing Market Stall (Scotland Only)

	Penrith CA10 1TL		On farm cutting unit / B&B
Low Howgill Limited	21 Boroughgate Appleby-In-Westmorland CA16 6XF	Appleby	Retailer (including farm shop)
Lowther Barn Cafe	Beckside Farm Sandwick Martindale Penrith CA10 2NF	Martindale	Restaurant / cafe / snack bar Hotel / pub / guest house
Lowther Castle Inn	Hackthorpe Penrith CA10 2HX	Lowther	Restaurant / cafe / snack bar Hotel / pub / guest house Pub- No Letting Rooms
Lowther Castle Limited	Lowther Penrith CA10 2HH	Lowther	Restaurant / cafe / snack bar
Lowther Endowed School	Hackthorpe Penrith CA10 2HT	Lowther	Catering Hospital / residential home / school
Lowther Mini Market	Lowther Caravan Park Eamont Bridge Penrith CA10 2JB	Yanwath & Eamont Bri	Retailer (including farm shop)
Lowther Parish Hall	Hackthorpe Penrith CA10 2HX	Lowther	Parish Hall Serving The Comty
Lowthwaite B & B	Lowthwaite Matterdale Penrith CA11 0LE	Matterdale	Hotel / pub / guest house

Lune Springs Garden Centre	Newbiggin-On-Lune Kirkby Stephen CA17 4NT	Ravenstonedale	Restaurant / cafe / snack bar
Lynn Hilditch Catering	3 Gallows Hill Clifton Penrith CA10 2EL	Clifton	
Lyvennet Nursery Group	Crosby Ravensworth Penrith CA10 3JJ	Crosby Ravensworth	Preschool sessional nursery
Mackays4Meat	Unit 67a Gilwilly Road Gilwilly Industrial Penrith CA11 9BL	Penrith	Food manufacturing / processing Packer Wholesale / cash and carry
Mad Anna's	41 Howard Park Greystoke Penrith CA11 0TU	Penrith	Catering Moveable establishment e.g. ice cream van
Made by Sarah	18 Doomgate Appleby-In-Westmorland CA16 6RB	Appleby	Food manufacturing / processing Private house used for a food business
Made By Us Ltd	Rheged Redhills Penrith CA11 0DQ	Dacre	Food manufacturing / processing Catering
Made By Us Ltd (Butchery)	Westmorlandnd Motorway M 6 Orton Penrith CA10 3SB	Orton	Cutting Room/Butchery Services

Maggies Bakery	31 Sandgate Penrith CA11 7TJ	Penrith	Retailer (including farm shop)
The Magic Bean	8-10 Poets Walk Penrith CA11 7HJ	Penrith	Restaurant / cafe / snack bar
The Magnificent Marshmallow Co	Redhills Food And Te Redhills Penrith CA11 0DT	Dacre	Food manufacturing / processing Market/Market Stall
Mrs Sheila Mallinson	4 Pennine Way Calthwaite Penrith CA11 9QH	Hesket	
The Mallow Maid	Carthanet Soulby Dacre Penrith CA11 0JF	Dacre	Private house used for a food business
Mango Tree	Market Square Kirkby Stephen CA17 4QT	Kirkby Stephen	Restaurant / cafe / snack bar Catering Takeaway
Mardale Inn	Bampton Penrith CA10 2RQ	Bampton	Restaurant / cafe / snack bar Catering Hotel / pub / guest house Takeaway
Marks & Spencer Simply Foods	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Catering Takeaway

Marks & Spencer Simply Foods	22-24 King Street Penrith CA11 7AG	Penrith	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen
Marks & Spencer Simply Foods	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop)
Marra Fruits	16 Sandgate Penrith CA11 7TW	Penrith	Moveable establishment e.g. ice cream van
Mary's Buns	2 Essendy House Bampton Grange Penrith CA10 2QR	Bampton	Moveable establishment e.g. ice cream van
Masonic Hall	Portland Place Penrith CA11 7QN	Penrith	Catering Private members club
Masons Arms	Long Marton Appleby-In-Westmorland CA16 6BN	Long Marton	Hotel / pub / guest house
Maulds Meaburn Village Institu	Maulds Meaburn Penrith CA10 3HN	Crosby Ravensworth	Village Hall
McColl's	Market Street Kirkby Stephen CA17 4QN	Kirkby Stephen	Retailer (including farm shop)
McDonalds	Ullswater Road Penrith CA11 7JH	Penrith	Restaurant / cafe / snack bar Takeaway

Messrs P&K McNeill	25 The Parklands Penrith CA11 8TF	Penrith	milkman
Meadow View B&B	Meadow View Tirril Penrith CA10 2JF	Sockbridge & Tirril	Hotel / pub / guest house
Melmerby Stores & Tearoom	Greystone House Melmerby Penrith CA10 1HF	Ousby	Retailer (including farm shop) Restaurant / cafe / snack bar
Melmerby W I	The Tower House Melmerby Penrith CA10 1HE	Ousby	Private house used for a food business
Merlin Court	Friargate Penrith CA11 7XW	Penrith	Sheltered Housing Scheme
Messrs Heron Ltd	High Green Warcop Appleby-In-Westmorland CA16 6NX	Warcop	Distribution / warehousing
Methodist Hall	Wordsworth Street Penrith CA11 7QY	Penrith	
The Midland Hotel	Lazonby Penrith CA10 1BG	Lazonby	
The Midland Hotel	Clifford Street Appleby-In-Westmorland CA16 6TS	Appleby	Hotel / pub / guest house

Midtown Farm	Blencarn Penrith CA10 1TX	Culgaith	Hotel / pub / guest house Private house used for a food business Bed and Breakfast
Midtown Farmhouse	Long Marton Appleby-In-Westmorland CA16 6BN	Long Marton	Hotel / pub / guest house
Milburn School	Milburn Penrith CA10 1TN	Milburn	Hospital / residential home / school
Milburn Village Hall	Milburn Penrith CA10 1TP	Milburn	Village Hall
Mill Cottage Bunk House	Mill Cottage Nenthead Alston CA9 3PD	Alston	Private house used for a food business
Millhouse Village Hall	Hesket Newmarket Wigton CA7 8HR	Castle Sowerby	Village Hall hired out/function
The Mill Inn	Mungrisdale Penrith CA11 0XR	Mungrisdale	Hotel / pub / guest house
Mill Yard Cafe	The Square Morland Penrith, Cumbria CA10 3AZ	Morland	Restaurant / cafe / snack bar
The Miners Arms	Nenthead Alston CA9 3PF	Alston	Hotel / pub / guest house

Ming's Kitchen	5 Sandgate Penrith CA11 7TP	Penrith	Takeaway
Mini Eden	11 Market Street Kirkby Stephen CA17 4QS	Kirkby Stephen	Restaurant / cafe / snack bar
MMM Olives	2 Town End Dufton Appleby-In-Westmorland CA16 6BZ	Dufton	Market/Market Stall Private house used for a food business
Mobile Wood Fired Pizzas	Ivy Cottage Quebec Kirkoswald Penrith CA10 1DQ	Kirkoswald	Importer Moveable establishment e.g. ice cream van
The Moody Baker	3 West View Front Street Alston CA9 3SF	Alston	Food manufacturing / processing Retailer (including farm shop)
Moredun Garage	Station Road Alston CA9 3HZ	Alston	Retailer (including farm shop)
Morland C of E Primary School	High Street Morland Penrith CA10 3AT	Morland	Hospital / residential home / school
Morland Village Store and More	The Stable, Morland Morland Penrith CA10 3AZ	Morland	Retailer (including farm shop)
Mosedale End Farm B&B	Mosedale	Mungrisdale	Hotel / pub / guest house

	Penrith CA11 0XQ		Private house used for a food business
Moss Crag Guest House	Glenridding Penrith CA11 0PA	Patterdale	Packer
Mosswood Group Ltd.	Plantation Nook Croglin Carlisle CA4 9RT	Ainstable	Grouse Moor
Motherby House	Motherby Penrith CA11 0RJ	Greystoke	Hotel / pub / guest house
Moto Hospitality (North) BP Fo	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Catering Takeaway
Moto Hospitality (South)	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Catering Takeaway
Mr Simms	16 Middlegate Penrith CA11 7PG	Penrith	Retailer (including farm shop)
Mr Vikkis	Unit 1A High Hesket Business High Hesket Carlisle CA4 0BW	Hesket	Food manufacturing / processing Market/Market Stall
Muddy Boots Nursery	Newton Rigg College	Catterlen	Childrens Day Nursery

	Newton Rigg Penrith CA11 0AH		
The Mulberry Bush	35 Market Street Kirkby Stephen CA17 4QT	Kirkby Stephen	Restaurant / cafe / snack bar
Multi Kids Club	Plumpton School Plumpton Penrith CA11 9PA	Hesket	out of school club
Murton Parish Institute	Murton Appleby-In-Westmorland CA16 6NF	Hilton & Murton	village hall
The Narrowbar	13 Devonshire Street Penrith CA11 7SR	Penrith	Restaurant / cafe / snack bar
Nateby Inn	Nateby Kirkby Stephen CA17 4JP	Nateby	Restaurant / cafe / snack bar Hotel / pub / guest house
Nateby Service Station Shop	Nateby Service Stati Nateby Kirkby Stephen CA17 4JP	Nateby	Retailer (including farm shop) Garage, Service Station
Natures Health Store	1 King Street Penrith CA11 7AR	Penrith	Retailer (including farm shop)
Nenthall Country House Hotel	Nenthall Alston CA9 3LQ	Alston	Restaurant / cafe / snack bar Hotel / pub / guest house
Nenthead Community Shop & P O	The Reading Room	Alston	Retailer (including farm shop)

	Nenthead Alston CA9 3PL		
Nenthead Primary School	Nenthead Alston CA9 3LS	Alston	Hospital / residential home / school
Nenthead Village Hall	Nenthead Alston CA9 3NP	Alston	Village Hall Kitchen
Netherdene Bed & Breakfast	Troutbeck Penrith CA11 0SJ	Matterdale	Hotel / pub / guest house
Newbiggin Village Hall	Newbiggin Penrith CA11 0HT	Dacre	Catering
New Crown Inn	Bolton Appleby-In-Westmorland CA16 6AU	Bolton	Hotel / pub / guest house
New Ing Lodge	New Ing Farm Main Street Shap Penrith CA10 3LX	Shap	Hotel / pub / guest house
New Inn at Hoff	Hoff Appleby-In-Westmorland CA16 6TA	Bandleyside	Restaurant / cafe / snack bar Hotel / pub / guest house
New Squares Cafe	6 Bowling Green Lane Penrith New Squares Penrith CA11 7GN	Penrith	Restaurant / cafe / snack bar

Newton Rigg College	Newton Road Newton Rigg Penrith CA11 0AH	Catterlen	Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Hospital / residential home / school
Nitro Coffee	5 Lowther Court Lark Lane Penrith CA11 7NS	Penrith	Moveable establishment e.g. ice cream van
No 3 Victoria Road	3 Victoria Road Penrith CA11 8HR	Penrith	Hotel / pub / guest house
Noran Bank Farm House B&B	Noran Bank Farm Patterdale Penrith CA11 0NR	Patterdale	Private house used for a food business
Norcroft Guest House	Graham Street Penrith CA11 9LQ	Penrith	Hotel / pub / guest house
North Eastern and Cumbrian Co-	Redmayne Road Kirkby Stephen CA17 4RL	Kirkby Stephen	Retailer (including farm shop)
North Lakes Foods	Unit 54 Gilwilly Road Gilwilly Industrial Penrith CA11 9BL	Penrith	Food manufacturing / processing
North Lakes Hotel	Ullswater Road Penrith CA11 8QT	Penrith	Hotel / pub / guest house
North Lakes School	Huntley Avenue Penrith	Penrith	Hospital / residential home / school

CA11 8NU

Old Croft House	Market Street Kirkby Stephen CA17 4QW	Kirkby Stephen	Restaurant / cafe / snack bar Hotel / pub / guest house
Old Lazy Days Cafe	1 Millbank, Barrow-in-Furness Cumbria LA14 4DS	Penrith	Restaurant / cafe / snack bar Catering Moveable establishment e.g. ice cream van Takeaway
The Old Post Office	Brampton Appleby-In-Westmorland CA16 6JS	Long Marton	Hotel / pub / guest house
Old School Hall	Armathwaite Carlisle CA4 9TP	Hesket	Village Hall
The Old School	The Old School Tebay Penrith CA10 3TP	Tebay	Staff restaurant / canteen / kitchen Hotel / pub / guest house
The Old School	Newbiggin Penrith CA11 0HT	Dacre	Hotel / pub / guest house
The Old Village Bakery	Melmerby Penrith CA10 1HE	Ousby	Retailer (including farm shop) Restaurant / cafe / snack bar Catering Takeaway
Old Water View	Patterdale Penrith CA11 0NW	Patterdale	Hotel / pub / guest house
Olivers Tasty Bites	33 Great Dockray Penrith	Penrith	Takeaway

	CA11 7BN		
Olleco	Sowerby Lodge Brough Sowerby Kirkby Stephen CA17 4EG	Brough	Distribution / warehousing
The One Stop Shop	Main Street Brough Kirkby Stephen CA17 4BL	Brough	Retailer (including farm shop) Restaurant / cafe / snack bar Takeaway
Open House	Low Chapel Ravenstonedale Kirkby Stephen	Ravenstonedale	Catering
Orchard Cottage	Church Road Greystoke Penrith CA11 0TW	Greystoke	Bed & Breakfast
Orton C of E Primary School	Orton Penrith CA10 3RG	Orton	Hospital / residential home / school
Orton Scar Cafe	Silver Yard Orton Penrith CA10 3RQ	Orton	Retailer (including farm shop) Restaurant / cafe / snack bar Catering Takeaway
Orton Village Store & Post Off	The Square Orton Penrith CA10 3RH	Orton	Retailer (including farm shop)
Mrs Pauline Ostle	Highfield Rowgate Kirkby Stephen CA17 4SP	Kirkby Stephen	caterer

Overwater Lodge	Nenthead Alston CA9 3NP	Alston	Hotel / pub / guest house
Oxfam	23 Devonshire Street Penrith CA11 7SU	Penrith	Retailer (including farm shop)
Pad 9 Youth Group	Evergreen Club Redmayne Road Kirkby Stephen CA17 4RL	Kirkby Stephen	Community Youth Group
Paella Party Truck	6 Brentfield Way Penrith CA11 8DQ	Penrith	Moveable establishment e.g. ice cream van
Pancake House	Center Parcs Whinfel Templs Sowerby Penrith CA10 2DW	Brougham	
Parc Market	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Holiday Park
Parkfoot Caravan Park	Park Foot Caravan & Howtown Penrith CA10 2NA	Barton	Restaurant / cafe / snack bar Takeaway
Park Foot Mini Market	Parkfoot Caravan An Howtown Penrith CA10 2NA	Barton	Retailer (including farm shop)

Jane Parsler	The Hollow Newbiggin-on-Lune Kirkby Stephen CA17 4NZ	Ravenstonedale	Home Baker selling at markets
Patterdale C of E School	Patterdale Penrith CA11 0NL	Patterdale	Hospital / residential home / school
Patterdale Hall	Glenridding Penrith CA11 0PT	Patterdale	Catering
Patterdale Hotel	Patterdale Penrith CA11 0NN	Patterdale	Hotel / pub / guest house
Patterdale Village Store Ltd	Patterdale Penrith CA11 0NW	Patterdale	Retailer (including farm shop)
Patterdale Youth Hostel	Goldrill House Patterdale Penrith CA11 0NW	Patterdale	Catering
P B M Motorsport	Underlyne Station Road Langwathby Penrith CA10 1NB	Langwathby	Moveable establishment e.g. ice cream van
Pea Top Farm	Culgaith Penrith CA10 1QW	Culgaith	Hotel / pub / guest house
The Pennine Boutique Hotel	Market Square Kirkby Stephen CA17 4QT	Kirkby Stephen	Hotel / pub / guest house

Pennine View Restaurant & Bar	Wild Rose Holiday Pa Ormside Appleby-In-Westmorland CA16 6EJ	Bandleyside	Restaurant / cafe / snack bar
Penrith AFC Limited	Frenchfield Park Carleton Penrith CA11 8UA	Penrith	Restaurant / cafe / snack bar
Penrith & Eden Community Hospi	Penrith Hospital Bridge Lane Penrith CA11 8HX	Penrith	Staff restaurant / canteen / kitchen Hospital / residential home / school
Penrith Cricket Club	Wetheriggs Lane Penrith CA11 8PE	Penrith	Staff restaurant / canteen / kitchen Club
Penrith Golf Centre & Driving	Redhills Penrith CA11 0DR	Dacre	Retailer (including farm shop)
Penrith Health Centre	Penrith Hospital Bridge Lane Penrith CA11 8HX	Penrith	Retailer (including farm shop)
Penrith Out of School Club Ltd	Eden Mount Penrith CA11 8HG	Penrith	Out of School Club
Penrith Pre-school Nursery	The Old School Meeting House Lane Penrith CA11 7TR	Penrith	Restaurant / cafe / snack bar Pre-School Nursery
Penrith Pop, Nibbles & Good De	Jim Allen Plant Hire	Penrith	Retailer (including farm shop)

	Mardale Road Industr Penrith CA11 9EH		
Penrith Rugby Club	Winters Park Carleton Avenue Penrith CA11 8RQ	Penrith	Catering
Penrith Supplements	Penrith Leisure Cent Southend Road Penrith CA11 8JH	Penrith	Retailer (including farm shop)
Penrith Tandoori & Balti	17 Middlegate Penrith CA11 7PG	Penrith	Takeaway
Penruddock Out of School Club	Penruddock School Penruddock Penrith CA11 0QU	Hutton	out of school club
Penruddock School	Penruddock Penrith CA11 0QU	Hutton	Hospital / residential home / school
Philip Browns	13 Canny Croft Penrith CA11 9HA	Penrith	Moveable establishment e.g. ice cream van
Pink Geranium	40 Market Street Kirkby Stephen CA17 4QW	Kirkby Stephen	Restaurant / cafe / snack bar
The Pit Stop	Hillview Bolton Appleby-In-Westmorland CA16 6AL	Bolton	Moveable establishment e.g. ice cream van

Pizza Piatto	21 King Street Penrith CA11 7AJ	Penrith	Restaurant / cafe / snack bar Catering
Pizza Roma	1 Bridge End The Sands Appleby-In-Westmorland CA16 6XL	Appleby	Fast food takeaway
Platform 3 Play	Unit 3 Station Yard Kirkby Stephen CA17 4LA	Kirkby Stephen	Restaurant / cafe / snack bar
Plumpton Parent & Toddler Grou	Plumpton Primary Sch Plumpton Penrith CA11 9PA	Hesket	Playgroup
Plumpton Primary School	Plumpton Penrith CA11 9PA	Hesket	Catering Hospital / residential home / school
Pooley Bridge Inn	Pooley Bridge Penrith CA10 2NN	Barton	Hotel / pub / guest house
Pooley Bridge Pier House	Pooley Bridge Penrith CA10 2NN	Barton	Restaurant / cafe / snack bar
Mrs Samantha Claire Porter	19 Dunfell View Kirkby Thore Penrith CA10 1UT	Kirkby Thore	caterer
Post Box Pantry	Dufton Appleby-In-Westmorland	Dufton	Restaurant / cafe / snack bar

	CA16 6DB		
Post Office and Stores	Crosby Garrett Kirkby Stephen CA17 4PW	Crosby Garrett	Retailer (including farm shop)
Post Office and Stores	Pooley Bridge Penrith CA10 2NP	Barton	Retailer (including farm shop)
Post Office & Village Stores	Somerset House Main Street Kirkby Thore Penrith CA10 1UD	Kirkby Thore	Retailer (including farm shop)
The Pot Place	Station Yard Plumpton Penrith CA11 9PA	Hesket	Restaurant / cafe / snack bar
Mrs Linda Potter	Lyndarick Roundthwaite Tebay Penrith CA10 3XU	Tebay	caterer
Premier Inn	New Squares Kilgour Street Penrith CA11 8JH	Penrith	Restaurant / cafe / snack bar Hotel / pub / guest house
Primrose Cottage	Orton Road Tebay Penrith CA10 3TL	Tebay	Hotel / pub / guest house Private house used for a food business
Princes Ltd	Low Plains Armathwaite	Lazonby	Food manufacturing / processing

	Carlisle CA4 9TU		
The Punch Bowl	Askham Penrith CA10 2PF	Askham	Hotel / pub / guest house
Purple Sage Catering for Cumbr	67b Gilwilly Road Gilwilly Industrial Penrith CA11 9BL	Penrith	Catering
Mr Steve Pymm	Brooklyn Matterdale End Penrith CA11 0LF	Matterdale	Retailer (including farm shop) Game Larder
Queen Elizabeth Grammar School	Ullswater Road Penrith CA11 7EG	Penrith	Hospital / residential home / school
The Queens Head Inn	Askham Penrith CA10 2PF	Askham	Hotel / pub / guest house
The Queens Head	Tirril Penrith CA10 2JF	Sockbridge & Tirril	Hotel / pub / guest house
Queen Street Nursery	19 Queen Street Penrith CA11 7XF	Penrith	Hospital / residential home / school
The Quiet Site Shop and Bar	Watermillock Penrith CA11 0LS	Matterdale	Retailer (including farm shop) Hotel / pub / guest house
Radical Services	4 Tyne Close Terrace Penrith	Penrith	Hospital / residential home / school

	CA11 7ES		
Radical Services Ltd	High Gate Close Troutbeck Penrith CA11 0SU	Matterdale	Hospital / residential home / school
Radical Services Ltd	Springdene Troutbeck Penrith CA11 0SG	Hutton	Hospital / residential home / school
R A Hodgson & Son	Sunny Bank Edenhall Penrith CA11 8SR	Langwathby	Distribution / warehousing
Rajinda Pradesh	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	
Raj Indian Cuisine	17-18 King Street Penrith CA11 7AJ	Penrith	Restaurant / cafe / snack bar Takeaway
R & R Catering	3 Fairhill Road Penrith CA11 8QZ	Penrith	Moveable establishment e.g. ice cream van
Ravenbridge Stores	Bridge Street Kirkoswald Penrith CA10 1DQ	Kirkoswald	Retailer (including farm shop) Takeaway
Rebels Hide	Town End Croft Clifton Penrith CA10 2EP	Clifton	Hotel / pub / guest house

Redmayne House	Silver Street Kirkby Stephen CA17 4RB	Kirkby Stephen	Hotel / pub / guest house
Red Rooster Restaurant	Ullswater Road Penrith CA11 7EH	Penrith	Food manufacturing / processing Restaurant / cafe / snack bar
Red Squirrels	Warcop C of E Primar Warcop Appleby-in Westmorland CA16 6NX	Warcop	Nursery
The Red Townhouse	113 Lowther Street Penrith CA11 7UW	Penrith	Hotel / pub / guest house
Red Welly Food Co	West End House Lazonby Penrith CA10 1AJ	Lazonby	Catering Moveable establishment e.g. ice cream van
Refresh	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	
Rheged Visitor Centre	Rheged Discovery Cen Stainton Penrith CA11 0DQ	Dacre	Food manufacturing / processing Retailer (including farm shop) Restaurant / cafe / snack bar Catering Takeaway
Ringtons Ltd	Unit 1 Haweswater Road Penrith CA11 9EH	Penrith	Distribution / warehousing

River Garth	Eamont Bridge Penrith CA10 2BH	Yanwath & Eamont Bri	Hotel / pub / guest house
Riverside Chip Shop	The Sands Appleby-In-Westmorland CA16 6XN	Appleby	Takeaway
The Robin Hood Inn	Croglin Carlisle CA4 9RZ	Ainstable	Hotel / pub / guest house
The Robin Hood	51 King Street Penrith CA11 7AY	Penrith	Hotel / pub / guest house
J S Robinson	Gunnerwell Farm Towcett Newby Penrith CA10 3EQ	Newby	Food manufacturing / processing
Romanian World Limited	20 King Street Penrith CA11 7AJ	Penrith	Retailer (including farm shop)
Rookery Barn	Raisbeck Penrith CA10 3SG	Orton	Hotel / pub / guest house
Rookin House Farm Activity Cen	Troutbeck Penrith CA11 0SS	Matterdale	Restaurant / cafe / snack bar
Rooting 4 U	35 Devonshire Arcade Devonshire Street Penrith CA11 7SX	Penrith	

The Rose & Crown	Low Hesket Carlisle CA4 0HG	Hesket	Hotel / pub / guest house
Roundthorn Country House	Roundthorn Penrith CA11 8SJ	Penrith	Hotel / pub / guest house
Route 66 Tri-Bar	Warcop Penrith CA16 6PA	Warcop	Restaurant / cafe / snack bar Hotel / pub / guest house
Royal British Legion Club Appl	42 Boroughgate Appleby-In-Westmorland CA16 6XG	Appleby	Club
The Royal Hotel	Dockray Penrith CA11 0JY	Matterdale	Restaurant / cafe / snack bar Hotel / pub / guest house
Royal Oak	Bongate Appleby-In-Westmorland CA16 6UN	Appleby	Hotel / pub / guest house
The Royal	Wilson Row Penrith CA11 7PZ	Penrith	Hotel / pub / guest house
Ruth Lancaster James Hospital	Townfoot Alston CA9 3QX	Alston	Staff restaurant / canteen / kitchen Hospital / residential home / school
Safe Hands Green Start Nursery	Oak Road Penrith CA11 8TS	Penrith	Hospital / residential home / school
Sainsbury's	1 Common Garden Squa Penrith CA11 7FG	Penrith	

Saints Preserve Us	St Michaels Bongate Appleby-In-Westmorland CA16 6UR	Appleby	producer of preserves - baking
Salsa Mexican Bistro	1 Castlegate Penrith CA11 7HX	Penrith	Restaurant / cafe / snack bar
The Salutation Inn	Threlkeld Keswick CA12 4SQ	Threlkeld	Hotel / pub / guest house
Salvation Army	Hunter Lane Penrith CA11 7UY	Penrith	Restaurant / cafe / snack bar
Samuel King's School	Church Road Alston CA9 3QU	Alston	Hospital / residential home / school
Sandford Arms	Sandford Appleby In Westmorland CA16 6NR	Warcop	Hotel / pub / guest house
Sandgate Friery	34 Burrowgate Penrith CA11 7TA	Penrith	Takeaway
Santorino	Market Square Kirkby Stephen CA17 4QT	Kirkby Stephen	Takeaway
Saucy Sausage	George House Kirkoswald Penrith CA10 1DQ	Kirkoswald	Moveable establishment e.g. ice cream van

Scale House Farm B&B	Scalehouse Farm Renwick Penrith CA10 1JY	Kirkoswald	Hotel / pub / guest house
Scales Farm Country Guest Hous	Scales Farm Threlkeld Keswick CA12 4SY	Threlkeld	Hotel / pub / guest house
Scandic Foods Ltd	12 Macadam Way Penrith CA11 9HG	Penrith	Importer Food Broker
The School House B&B	School House Patterdale Penrith CA11 0NL	Patterdale	Hotel / pub / guest house
Mrs Joan Elizabeth Scullion	3 Park Road Greystoke Penrith CA11 0UF	Greystoke	caterer
Seasons at Whitbarrow Village	Whitbarrow Village Berrier, Penrith CA11 0XB	Hutton	Restaurant / cafe / snack bar
The Secret Garden Fine Meat Co	Luham Cottage Edenhall Penrith CA11 8TA	Langwathby	Market Stall (Scotland Only)
Settle - Carlisle Railway D C	Railway Station Clifford Street Appleby-In-Westmorland CA16 6TT	Appleby	Retailer (including farm shop) Moveable establishment e.g. ice cream van Railway buffet trolley

Shap Chippy	Cleveland House Main Street Shap Penrith CA10 3JS	Shap	Restaurant / cafe / snack bar Takeaway
Shap Endowed C of E School	Main Street Shap Penrith CA10 3NL	Shap	Hospital / residential home / school
Shap Junior Youth Club	Memorial Hall Main Street Shap Penrith CA10 3NQ	Shap	Retail of sweets and pop
Shap Playgroup	The Old Courthouse Main Street Shap Penrith CA10 3NL	Shap	Playgroup
Shap Swimming Pool	Swimming Pool Gayle Avenue Shap Penrith CA10 3NS	Shap	Swimming pool
Shap Wells Hotel	Shap Wells Hotel Shap Penrith CA10 3QU	Crosby Ravensworth	Restaurant / cafe / snack bar Hotel / pub / guest house
Sharmans Convenience Store	Ullswater House Glenridding Penrith CA11 0PA	Patterdale	Retailer (including farm shop)

Sharrow Bay Hotel	Sharrow Bay Howtown Penrith CA10 2LZ	Martindale	Restaurant / cafe / snack bar Hotel / pub / guest house
Sheila's Fruity Cumbria Fro-Yo	Tyneholme Langwathby Penrith CA10 1NB	Langwathby	Food manufacturing / processing Moveable establishment e.g. ice cream van
Shell Service Station	Victoria Road Penrith CA11 8HU	Penrith	Retailer (including farm shop)
The Shepherds Inn	Langwathby Penrith CA10 1LW	Langwathby	Hotel / pub / guest house
The Shepherds Inn	Melmerby Penrith CA10 1HE	Ousby	Hotel / pub / guest house
Shining Stars Nursery (Appleby	Bongate Appleby-In-Westmorland CA16 6LH	Appleby	Nursery
The Ship's Galley	Wreay Farm The Bungalow Pallet Hill Penrith CA11 0BY	Penrith	Moveable establishment e.g. ice cream van
The Shop Waterfoot	Pooley Bridge Penrith CA11 0JF	Dacre	Retailer (including farm shop) Hotel / pub / guest house
Silver & Green	North Lakes Business Flusco Penrith	Dacre	Food manufacturing / processing Importer Distribution / warehousing

	CA11 0JG		
Silverband Caravan Park	Knock Appleby-In-Westmorland CA16 6DP	Long Marton	
Silver Ocean	Unit 5 Gilwilly Road Gilwilly Industrial Penrith CA11 9BF	Penrith	Takeaway
Silver Sweets	2 Market Street Kirkby Stephen CA17 4QS	Appleby	Retailer (including farm shop)
Mrs Daphne Sisson	West View Southwaite Road Low Hesket Carlisle CA4 0ES	Hesket	Private house used for a food business
S J Bargh Ltd	Thackwood Farm Southwaite Carlisle CA4 0PZ	Hesket	Distribution / warehousing
Skelton Crafty Kids After Scho	Skelton School Skelton Penrith CA11 9SE	Skelton	After School Club
Skelton School Kitchen	Ellonby Road Skelton Penrith CA11 9SE	Skelton	Hospital / residential home / school
Skirwith Village Hall	Skirwith Penrith	Culgaith	Catering

	CA10 1RB		
Skygarth Farm	Temple Sowerby, Newb Penrith CA10 1SS	Temple Sowerby	Farm Shop (Scotland Only) Hotel / pub / guest house Farm House B & B Accommodation
Slack's	Newlands Raisbeck Penrith Cumbria CA10 3SG	Orton	Food manufacturing / processing
Slimming World	35 Greystoke Park Ro Penrith CA11 9BT	Penrith	Retailer (including farm shop)
Slimming World	1 Roods Drive Kirkoswald Penrith CA10 1EH	Kirkoswald	Retailer (including farm shop)
W H Smith (North)	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Catering Takeaway
Smithy Cottage B&B	Smithy Cottage Unthank Skelton Penrith CA11 9TG	Skelton	Hotel / pub / guest house
Social Services Childrens Resp	21 Huntley Avenue Penrith CA11 8NU	Penrith	Hospital / residential home / school
Sockbridge Mill B&B	Sockbridge Mill Sockbridge	Sockbridge & Tirril	Hotel / pub / guest house

	Penrith CA10 2JT		
Soulby Village Hall	Soulby Kirkby Stephen CA17 4PL	Soulby	village hall
Soup and Social	Village Hall Southwaite Road Low Hesket Carlisle CA4 0ES	Hesket	Church social group
Sour Nook Inn	Sebergham Carlisle CA5 7DY	Castle Sowerby	Hotel / pub / guest house
South View Farm B&B	South View Farm Winton Kirkby Stephen CA17 4HS	Winton	Private house used for a food business
Spar	35-41 High Street Kirkby Stephen CA17 4SG	Kirkby Stephen	Retailer (including farm shop)
Spar	36-40 Burrowgate Penrith CA11 7TA	Penrith	Retailer (including farm shop)
Spar	Townfoot Alston CA9 3HY	Alston	Retailer (including farm shop)
Spar Appleby	8 Boroughgate Appleby-In-Westmorland CA16 6XB	Appleby	Retailer (including farm shop)
Spicy Kitchen	7 Devonshire Street	Penrith	Takeaway

	Penrith CA11 7SR		
Sports Cafe	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Holiday Park
Sports Direct	3-4 Two Lions Square Penrith New Squares Penrith CA11 7FX	Penrith	Retailer (including farm shop)
The Sportsman Inn	Troutbeck Penrith CA11 0SG	Hutton	Hotel / pub / guest house
Squirrel Inn	Eamont Bridge Penrith CA10 2JB	Yanwath & Eamont Bri	Hotel / pub / guest house
Stafffield Delicatessen	9 Devonshire Arcade Penrith CA11 7SX	Penrith	Retailer (including farm shop)
Stafffield Farm Meats	21 Devonshire Arcade Devonshire Street Penrith CA11 7SX	Penrith	Retailer (including farm shop)
Stafffield Farm Meats Ltd	Old Hall Farm Stafffield Penrith CA10 1EU	Kirkoswald	Food manufacturing / processing
Stafford House	Greystoke Penrith CA11 0TQ	Greystoke	Hotel / pub / guest house

The Stag Inn	Dufton Appleby-In-Westmorland CA16 6DB	Dufton	Hotel / pub / guest house
Stainmore Cafe	North Stainmore CA17 4EU	Stainmore	Restaurant / cafe / snack bar
Stainton School	Stainton Penrith CA11 0ET	Dacre	Hospital / residential home / school
Stainton Shop & Post Office	Kings Arms Stainton Penrith CA11 0EP	Dacre	Retailer (including farm shop)
W K Stalker & Son Limited	Fair Bank Catterlen Penrith CA11 0BJ	Catterlen	Distribution / warehousing
St Andrews Coffee Shop	St Andrews Centre St Andrews Place Penrith CA11 7XX	Penrith	Restaurant / cafe / snack bar Catering
Starbucks	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	
Star Fruits	9 Angel Square Penrith CA11 7BT	Penrith	Retailer (including farm shop)
The Station Hotel	Castlegate Penrith CA11 7JB	Penrith	Hotel / pub / guest house

St Catherine's Roman Catholic	Drovers Lane Penrith CA11 9EL	Penrith	Hospital / residential home / school
C L & C Steadman Butchers	23 Market Street Kirkby Stephen CA17 4QN	Kirkby Stephen	Food manufacturing / processing Retailer (including farm shop)
Stephen Douglas	Abbott Lodge Askham Penrith CA10 2HD		Moveable establishment e.g. ice cream van
Stephensons of Appleby	23 Boroughgate Appleby-In-Westmorland CA16 6XF	Appleby	Retailer (including farm shop)
Stewart Hannan Transport	Lunds Yard Gilwilly Industrial Penrith CA11 9BL	Penrith	Bulk tipper carrying grain
St John Ambulance Staff Welfar	Kendal Calling, Lowt Hackthorpe Penrith CA10 2HN	Lowther	Staff restaurant / canteen / kitchen Moveable establishment e.g. ice cream van
Stobars Hall	Stobars Hall Waitby Kirkby Stephen CA17 4HD	Kirkby Stephen	Hospital / residential home / school
The Stoneybeck Inn	Bowscar Penrith CA11 8RP	Penrith	Hotel / pub / guest house
The Store Room	Center Parcs Whinfel Temple Sowerby	Brougham	Retailer (including farm shop)

	Penrith CA10 2DW		
Stouphill Gate	Townhead Lane Ravenstonedale Kirkby Stephen CA17 4NN	Ravenstonedale	Importer Restaurant / cafe / snack bar Private house used for a food business 2 Rooms for B + B
St Patrick's Church	St Patricks Church Patterdale Penrith CA11 0NL	Patterdale	Church meeting Room
Strategic Provision (Age UK) L	Ullswater Community Wetheriggs Lane Penrith CA11 8NG	Penrith	Lunch Club
Strickland Arms	Great Strickland Penrith CA10 3DF	Great Strickland	Hotel / pub / guest house
Subway	Ullswater Road Garag Ullswater Road Penrith CA11 7EH	Penrith	Restaurant / cafe / snack bar Takeaway
Subway	37 Middlegate Penrith CA11 7PT	Penrith	Restaurant / cafe / snack bar Takeaway
Sugar and Spice	16 Boroughgate Appleby-In-Westmorland CA16 6XB	Appleby	Retailer (including farm shop)
Sugar Flower Gardener	Oversike Appleby Road Kirkby Stephen CA17 4PD	Kirkby Stephen	Private house used for a food business

Sukiya	44 Middlegate Penrith CA11 7PT	Penrith	Takeaway
The Sun Inn	Pooley Bridge Penrith CA10 2NN	Barton	Restaurant / cafe / snack bar Hotel / pub / guest house
The Sun Inn	Newton Reigny Penrith CA11 0AP	Catterlen	Restaurant / cafe / snack bar Hotel / pub / guest house
Sunset House Bed & Breakfast	Sunset House Newton Reigny Penrith CA11 0AY	Catterlen	Hotel / pub / guest house
Superdrug Stores PLC	22-24 Middlegate Penrith CA11 7PG	Penrith	Retailer (including farm shop)
Swanson House	Main Street Brough Kirkby Stephen CA17 4BL	Brough	Restaurant / cafe / snack bar Private house used for a food business
Sweet Treats	Beaver Lodge, Maiden Salkeld Road Penrith Penrith CA11 8SH	Penrith	Moveable establishment e.g. ice cream van
Sykeside Campsite Shop	Syke Side Hartsop Penrith CA11 0NZ	Patterdale	Retailer (including farm shop)
Tailored Goat Company	North Netherscales F	Skelton	Retailer (including farm shop)

	Skelton Penrith CA11 9TU		
Tash's	Crosscroft Industria Appleby Appleby-in-Westmorland CA16 6HX		Moveable establishment e.g. ice cream van
Tastebuds	Claremont Lowther Penrith CA10 2HH	Lowther	Catering
The Taste of Bengal	60-61 Stricklandgate Penrith CA11 7NJ	Penrith	Restaurant / cafe / snack bar Takeaway
Tastes of Eden	1 Low Wiend Appleby-In-Westmorland CA16 6QP	Appleby	Retailer (including farm shop) Deli
Tattie Tims	9 Tynefield Drive Penrith CA11 8JA	Penrith	Retailer (including farm shop) Catering Moveable establishment e.g. ice cream van
Tattie Tims Tynefield Drive	9 Tynefield Drive Penrith CA11 8JA	Penrith	Catering
Tebay East Services	M6 Orton Penrith CA10 3SB	Orton	Food manufacturing / processing Retailer (including farm shop) Restaurant / cafe / snack bar Catering Takeaway
Tebay Primary School	Tebay Penrith CA10 3XB	Tebay	Hospital / residential home / school

Tebay Sports Social & Railway	Church Street Tebay Penrith CA10 3SP	Tebay	Club
Tebay West Services	M6 Orton Penrith CA10 3SB	Orton	Food manufacturing / processing Retailer (including farm shop) Restaurant / cafe / snack bar Catering Takeaway
Temple Sowerby C of E Primary	Chapel Street Temple Sowerby Penrith CA10 1RZ	Temple Sowerby	Hospital / residential home / school
Temple Sowerby Hotel	Temple Sowerby Penrith CA10 1RZ	Temple Sowerby	Restaurant / cafe / snack bar Hotel / pub / guest house
Temple Sowerby School Nursery	Temple Sowerby C Of Temple Sowerby Penrith CA10 1RZ	Temple Sowerby	Sessional Nursery
Temptations	5A Bridge Street Appleby-In-Westmorland CA16 6QH	Appleby	Retailer (including farm shop) Restaurant / cafe / snack bar
Thai Food Cafe	22-23 Devonshire Arc Penrith CA11 7SX	Penrith	Restaurant / cafe / snack bar Takeaway
S & T Thai Shop	14 Devonshire Arcade Devonshire Street Penrith CA11 7SX	Penrith	Retailer (including farm shop)
Ms Kelly Louise Thompson	40 Pategill Court	Penrith	caterer

	Pategill Penrith CA11 8LG		
Thornythwaite Farm	Matterdale Penrith CA11 0LD	Matterdale	Hotel / pub / guest house Private house used for a food business
The Three Crowns Tea Shop	1 Blue Bell Lane Penrith CA11 7LH	Penrith	Restaurant / cafe / snack bar Catering Takeaway
The Three Greyhounds	Great Asby Appleby CA16 6EX	Asby	Hotel / pub / guest house
Threlkeld Church of England Sc	Threlkeld Keswick CA12 4RX	Threlkeld	Hospital / residential home / school
Threlkeld Coffee Shop	Threlkeld Keswick CA12 4RX	Threlkeld	Restaurant / cafe / snack bar
Tirril Brewery	Red House Long Marton Appleby-In-Westmorland CA16 6BN	Long Marton	Food manufacturing / processing Brewery
The Toffee Shop	7 Brunswick Road Penrith CA11 7LU	Penrith	Food manufacturing / processing Retailer (including farm shop)
The Top Cafe / Ryder House B&B	Ryder House Front Street Alston CA9 3SE	Alston	Restaurant / cafe / snack bar Hotel / pub / guest house
Town Head Chippy Ltd	45-46 Stricklandgate	Penrith	Takeaway

	Penrith Penrith CA11 7NH		
Tranna Hill	Newbiggin-on-Lune Kirkby Stephen CA17 4NY	Ravenstonedale	Private House Party / B& B
Travellers Rest	Glenridding Penrith CA11 0QQ	Patterdale	Hotel / pub / guest house
Traybakes Limited	Redhills Food And Te Redhills Lane Redhills Penrith CA11 0DT	Dacre	Food manufacturing / processing
Treats	Center Parcs Whinfel Temple Sowerby Penrith CA10 2DW	Brougham	Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Catering Holiday Park
Treetops	Pooley Bridge Penrith CA10 2NN	Barton	Restaurant / cafe / snack bar
Troutbeck Head Caravan Park	Troutbeck Penrith CA11 0SS	Matterdale	Retailer (including farm shop)
Troutbeck Inn	Troutbeck Penrith CA11 0SJ	Hutton	Hotel / pub / guest house
Tuckers	24 Windsor Drive Penrith CA11 9BS	Penrith	Retailer (including farm shop) Private house used for a food business

Tufton Arms Hotel	Boroughgate Appleby-In-Westmorland CA16 6XA	Appleby	Hotel / pub / guest house
The Turk's Head	Market Place Front Street Alston CA9 3HS	Alston	Hotel / pub / guest house
Turks's Head Products	Turks Head House Great Musgrave Kirkby Stephen CA17 4DS	Musgrave	Food manufacturing / processing Market/Market Stall
Tymparon Hall	Newbiggin Penrith CA11 0HS	Dacre	Farm Shop (Scotland Only)
Tynedale Guest House	4 Victoria Road Penrith CA11 8HR	Penrith	Hotel / pub / guest house
Udderly Good	Bunkers Hill Greystoke Penrith CA11 0UP	Dacre	milk vending machine
Ullswater Chippy	Ullswater Caravan Pa Watermillock Penrith CA11 0LR	Matterdale	Takeaway
Ullswater Community College	Wetheriggs Lane Penrith CA11 8NG	Penrith	Hospital / residential home / school
Ullswater Holiday Park	Watermillock Penrith		Retailer (including farm shop) Restaurant / cafe / snack bar

	Cumbria CA11 0LR		Hotel / pub / guest house
Ullswater House	Pooley Bridge Penrith CA10 2NN	Barton	Hotel / pub / guest house
Ullswater Nursery	Patterdale School Patterdale Penrith CA11 0NL	Patterdale	nursery
Ullswater Road Garage	Ullswater Road Penrith CA11 7EH	Penrith	Retailer (including farm shop)
Ullswater Steamer	Glenridding Pier Hou Glenridding Penrith CA11 0US	Patterdale	Retailer (including farm shop) Restaurant / cafe / snack bar
The Ullswater View	Watermillock Penrith CA11 0JP	Matterdale	Hotel / pub / guest house
Ullswater Yacht Club	Thwaite Hill Howtown Penrith CA10 2NA	Barton	Private Club
Upfront Gallery	Unthank Farm Skelton Penrith CA11 9TG	Skelton	Restaurant / cafe / snack bar
Upper Eden Food Bank	Sands Methodist Chur The Sands Appleby-in-Westmorland CA16 6XR	Appleby	Food Bank

Upper Eden Rugby Club	Westgarth Road Kirkby Stephen CA17 4TF	Kirkby Stephen	Sports Club
Ms Christine M Upson	8 Greystoke Close Penrith Penrith CA11 9EF	Penrith	Market/Market Stall Private house used for a food business
N & D Veitch Milk	20 High Street Kirkby Stephen CA17 4SG	Kirkby Stephen	Moveable establishment e.g. ice cream van milk delivery
The Vic	Victoria Institute Culgaith Penrith CA10 1QU	Culgaith	Catering
Victoria Inn	Front Street Alston CA9 3SE	Alston	Catering Hotel / pub / guest house
Victoria Spice	Victoria Inn Front Street Alston CA9 3SE	Alston	Restaurant / cafe / snack bar Takeaway
Villa Bianca	Corney Square Penrith CA11 7PX	Penrith	Restaurant / cafe / snack bar
VistaVeg	West House Tenter Row Crosby Ravensworth Penrith CA10 3HY	Crosby Ravensworth	Grower & Box Scheme
Vitale Cafe Bar	Center Parcs Whinfel	Brougham	Restaurant / cafe / snack bar

	Temple Sowerby Penrith CA10 2DW		Market/Market Stall Staff restaurant / canteen / kitchen Catering
Warcop Children's Club	Warcop C Of E School Warcop Appleby-In-Westmorland CA16 6NX	Warcop	Before,After School & Hol Club
Warcop C of E Primary School	Warcop Appleby-In-Westmorland CA16 6NX	Warcop	Hospital / residential home / school
Warcop Parish Hall	Warcop Parish Hall Warcop Appleby-in-Westmorland CA16 6NX	Warcop	Village hall
Warcop Training Centre Kitchen	Warcop Appleby-In-Westmorland CA16 6PA	Warcop	Restaurant / cafe / snack bar
The Warehouse	43 Burrowgate Penrith CA11 7TA	Penrith	Hotel / pub / guest house
Wasdale Centre	Shap Penrith CA10 3NH	Shap	Lunch Club & Day Centre
The Watermill Cafe	Little Salkeld Penrith CA10 1NN	Hunsonby	Food manufacturing / processing Retailer (including farm shop) Staff restaurant / canteen / kitchen
Waterside Catering	1 Sunnyside Edenhall Penrith CA11 8SS	Langwathby	Moveable establishment e.g. ice cream van

Waterside House Camp Site	Howtown Penrith CA10 2NS	Martindale	Retailer (including farm shop) Farm Shop (Scotland Only)
Wayfarers Independent Hostel	19 Brunswick Square Penrith CA11 7LR	Penrith	Hotel / pub / guest house
Well Pharmacy	8 Middlegate Penrith CA11 7PG	Penrith	Retailer (including farm shop)
Welplan Limited	Old Mansion House Eamont Bridge Penrith CA10 2BX	Yanwath & Eamont Bri	Staff restaurant / canteen / kitchen
West Cornwall Pasty	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Restaurant / cafe / snack bar Takeaway
Westmorlandnd Hotel	M6 Orton Penrith CA10 3SB	Orton	Food manufacturing / processing Restaurant / cafe / snack bar Catering Hotel / pub / guest house
Westmorlandnd Motorway Services	M6 Orton Penrith CA10 3SB	Tebay	
West View	Ravenstonedale Kirkby Stephen CA17 4NG	Ravenstonedale	Private house used for a food business
Westwood	Brough Sowerby Kirkby Stephen	Brough Sowerby	Hotel / pub / guest house

	CA17 4EG		
Wetheriggs Football Club	Castletown Community Gilwilly Road Gilwilly Industrial Penrith CA11 9BL	Penrith	Team food for Football Club
Whins Pond Fishing	Ewanway Edenhall Penrith CA11 8SR	Langwathby	Private house used for a food business Retail of confectionary & pop
Whitbysteads Hill Farm	Whitbysteads Askham Penrith CA10 2PG	Askham	Private house used for a food business Bed & Breakfast
White Horse Inn	Kings Meaburn Penrith CA10 3BU	Kings Meaburn	Hotel / pub / guest house
The White Horse Inn	Threlkeld Keswick CA12 4SY	Threlkeld	Hotel / pub / guest house
The White House Guest House	The White House Clifton, Penrith CA10 2EL	Clifton	Hotel / pub / guest house Private house used for a food business
White Lion Hotel	Patterdale Penrith CA11 0NW	Patterdale	Hotel / pub / guest house
Whitrigg House Bed & Breakfast	Clifton Penrith CA10 2EE	Clifton	Hotel / pub / guest house
Whole and Local	Hilltop	Glassonby	Private house used for a food business

	Glassonby Penrith CA10 1DU		
WH Smith (South)	Southwaite Motorway Broadfield Southwaite Carlisle CA4 0NT	Hesket	Retailer (including farm shop) Catering Takeaway
Wigglebugs Out of School Club	High Hesket C Of E S High Hesket Carlisle CA4 0HU	Hesket	Out of School Club
Wild Rose Mini Market	Wild Rose Park Mill Lane Ormside Appleby-In-Westmorland CA16 6EJ	Bandleyside	Retailer (including farm shop)
Wilf Buckle Meats	Bleathgill Barras Kirkby Stephen CA17 4ET	Stainmore	Food manufacturing / processing Retailer (including farm shop)
William Hill	10 Burrowgate Penrith CA11 7TE	Penrith	Licensed Betting Office
G M Wilson	Bradley Farm Ousby Penrith CA10 1QA	Ousby	Distribution / warehousing
Winder Hall	Tirril Penrith CA10 2LS	Barton	Food manufacturing / processing

Winderwath Settled Estate	Winderwath Estate Office Temple Sowerby Penrith CA10 2AG	Brougham	Game Shoot
Winters Park HC - One	Winters Park Carleton Road Penrith CA11 8RG	Penrith	Hospital / residential home / school
Winter Tarn Dairy	Whitestone Farm Newby Penrith CA10 3HB	Newby	Food manufacturing / processing
Winton Parish Hall	Winton Kirkby Stephen CA17 4HL		Village Community Hall
Winton Seniors Lunch Club	Winton Village Hall Winton Kirkby Stephen CA17 4HL	Winton	Lunch Club
W J Birkbeck Ltd	Cumbria Cold Storage Silverband Store Knock Appleby-in-Westmorland CA16 6DL	Appleby	Distribution / warehousing Bulk Haulage
Wm Morrison Supermarkets Plc	Brunswick Road Penrith CA11 7JU	Penrith	Food manufacturing / processing Packer Importer Distribution / warehousing Retailer (including farm shop) Restaurant / cafe / snack bar Staff restaurant / canteen / kitchen Food Broker

Woodlands Garage	Catterlen Penrith CA11 0BJ	Catterlen	Garage Shop
Woodlands Methodist Home	Bridge Lane Penrith CA11 8GW	Penrith	Housing with care scheme
Woodsprite	High Ashgill Garrigill Alston CA9 3HB	Alston	Moveable establishment e.g. ice cream van
Woodstone Restaurant & Bistro	9 Princes Court Rowcliffe Lane Penrith CA11 7BJ	Penrith	Restaurant / cafe / snack bar Takeaway
Woolpack	Burrowgate Penrith CA11 7TA	Penrith	Hotel / pub / guest house
Xaviers	15 Victoria Road Penrith CA11 8HN	Penrith	Restaurant / cafe / snack bar
Yanwath Gate Inn	Yanwath Penrith CA10 2LF	Yanwath & Eamont Bri	Restaurant / cafe / snack bar Hotel / pub / guest house
Yanwath Pre-School Nursery	Yanwath Primary Scho Yanwath Penrith CA10 2LA	Yanwath & Eamont Bri	Hospital / residential home / school nursery snack provider
Yanwath Primary School	Askham Road Yanwath Penrith	Yanwath & Eamont Bri	Hospital / residential home / school

CA10 2LA

The Yard Kitchen

Brunswick Road
Penrith
CA11 7JU

Penrith

Restaurant / cafe / snack bar
Takeaway

Yorkshire Trading Company

11 King Street
Penrith
CA11 7AJ

Penrith

Retailer (including farm shop)

Zabka Mini Market

11 Middlegate
Penrith
CA11 7PG

Penrith

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